SEPTEMBER 2018

EVERGREEN

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga 10:00 Our Daily Bread 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D 2:30 Pictionary 3:00 Parachute 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics
2 7:00 Coffee Hour 9:00 Guided Meditation 9:30 Stretch it out 10:00 Our Daily Bread 10:30 Food & Friends Tug-O-war 11:00 With all my Art 11:30 Towel therapy /set up 1-1:45 Quiet Moments 2:00 Snacks & Reading Round Table 2:30 Board Games 3:00 Parachute! 3:30 **Starz Music** 4:00 Parade Stroll 4:30 Helping Hands 6:00 Manicures 6:30 Board games 7:00 Food & Friends Yarn Ball	**3** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga 10:00 Our Daily Bread 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D 2:30 Pictionary 3:00 Parachute 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics 7:30 Spiritual Songs Labor Day	**4** 7:00 **Breakfast Club** 9:00 Guided Meditation 9:30 Sitter-cise Karate w/music 10:00 Our Daily Bread 10:30 Clinic Visit 11:00 Food & Friends 11:30 Set the Table 1-1:45 Quiet Moments 2:00 Snacks & Puzzles 2:30 Garden Club 3:30 Crossword 4:00 Smell/taste challenge 4:30 Helping Hands 6:00 shoulder massage/ROM C&D 6:30 Board games 7:00 Food & Friends 7:30 Spiritual Songs	**5** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 Chair Yoga **10:00 BIBLE STUDY** 11:00 Food & Friends 11:30 Ready the Room **1-1:45 Quiet Moments** 2:00 Snacks & Social 2:30 Cheerio Bingo 3:00 Tug – o- war 3:30 Reading Round Table 4:00 Sensory Mat 4:30 Cruising Around 6:00 Manicures 6:30 Board Games 7:00 Treats & Topics 7:30 Music Circle	**6** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga 10:00 Our Daily Bread 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D 2:30 Pictionary 3:00 Parachute 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics 7:30 Spiritual Songs	**7** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga 10:00 Our Daily Bread 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D **2:30 MUSIC THERAPY** 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics	**8** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga 10:00 Our Daily Bread 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D 2:30 Pictionary 3:00 Parachute 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics
9 7:00 Coffee Hour 9:00 Guided Meditation 9:30 Stretch it out 10:00 Our Daily Bread 10:30 Food & Friends Tug-O-war 11:00 With all my Art 11:30 Towel therapy /set up 1-1:45 Quiet Moments 2:00 Snacks & Reading Round Table 2:30 Board Games 3:00 Parachute! 3:30 **Starz Music** 4:00 Parade Stroll 4:30 Helping Hands 6:00 Manicures 6:30 Board games 7:00 Food & Friends Yarn Ball Grandparents Day	**10** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga **10:00 GUITAR WITH THARELL** 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D 2:30 Pictionary 3:00 Parachute 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics Rosh Hashanah	**11** 7:00 **Breakfast Club** 9:00 Guided Meditation 9:30 Sitter-cise Karate w/music 10:00 Our Daily Bread 10:30 Clinic Visit 11:00 Food & Friends 11:30 Set the Table 1-1:45 Quiet Moments 2:00 Snacks & Puzzles 2:30 Garden Club 3:30 Crossword 4:00 Smell/taste challenge 4:30 Helping Hands 6:00 shoulder massage/ROM C&D 6:30 Board games 7:00 Food & Friends 7:30 Spiritual Songs	**12** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 Chair Yoga **10:00 BIBLE STUDY** 11:00 Food & Friends 11:30 Ready the Room **1-1:45 Quiet Moments** 2:00 Snacks & Social 2:30 Cheerio Bingo 3:00 Tug – o- war 3:30 Reading Round Table 4:00 Sensory Mat 4:30 Cruising Around 6:00 Manicures 6:30 Board Games 7:00 Treats & Topics 7:30 Music Circle	**13** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga 10:00 Our Daily Bread 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D 2:30 Pictionary 3:00 Parachute 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics	**14** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga 10:00 Our Daily Bread 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D 2:30 Pictionary 3:00 Parachute 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics	**15** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga 10:00 Our Daily Bread 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D 2:30 Pictionary 3:00 Parachute 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics
16 7:00 Coffee Hour 9:00 Guided Meditation 9:30 Stretch it out 10:00 Our Daily Bread 10:30 Food & Friends Tug-O-war 11:00 With all my Art 11:30 Towel therapy /set up 1-1:45 Quiet Moments 2:00 Snacks & Reading Round Table 2:30 Board Games 3:00 Parachute! 3:30 **Starz Music** 4:00 Parade Stroll 4:30 Helping Hands 6:00 Manicures 6:30 Board games 7:00 Food & Friends Yarn Ball	**17** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga 10:00 Our Daily Bread 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D **2:30 DON & SHARON** 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics 7:30 Spiritual Songs	**18** 7:00 **Breakfast Club** 9:00 Guided Meditation 9:30 Sitter-cise Karate w/music 10:00 Our Daily Bread 10:30 Clinic Visit 11:00 Food & Friends 11:30 Set the Table 1-1:45 Quiet Moments 2:00 Snacks & Puzzles 2:30 Garden Club 3:30 Crossword 4:00 Smell/taste challenge 4:30 Helping Hands 6:00 shoulder massage/ROM C&D 6:30 Board games 7:00 Food & Friends 7:30 Spiritual Songs	**19** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 Chair Yoga **10:00 BIBLE STUDY** 11:00 Food & Friends 11:30 Ready the Room **1-1:45 Quiet Moments** 2:00 Snacks & Social 2:30 Cheerio Bingo 3:00 Tug – o- war 3:30 Reading Round Table 4:00 Sensory Mat 4:30 Cruising Around 6:00 Manicures 6:30 Board Games 7:00 Treats & Topics 7:30 Music Circle Yom Kippur	**20** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga 10:00 Our Daily Bread 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D 2:30 Pictionary 3:00 Parachute 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics	**21** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga 10:00 Our Daily Bread 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D 2:30 Pictionary 3:00 Parachute 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics	**22** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga 10:00 Our Daily Bread 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D 2:30 Pictionary 3:00 Parachute 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics Autumn Begins Oktoberfest Begins
23 7:00 Coffee Hour 9:00 Guided Meditation 9:30 Stretch it out 10:00 Our Daily Bread 10:30 Food & Friends Tug-O-war 11:00 With all my Art 11:30 Towel therapy /set up 1-1:45 Quiet Moments 2:00 Snacks & Reading Round Table 2:30 Board Games 3:00 Parachute! 3:30 **Starz Music** 4:00 Parade Stroll 4:30 Helping Hands 6:00 Manicures 6:30 Board games 7:00 Food & Friends Yarn Ball	**24** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga 10:00 Our Daily Bread 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D 2:30 Pictionary 3:00 Parachute 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics Sukkot	**25** 7:00 **Breakfast Club** 9:00 Guided Meditation 9:30 Sitter-cise Karate w/music **10:00 TUNES BY TARA** 10:30 Clinic Visit 11:00 Food & Friends 11:30 Set the Table 1-1:45 Quiet Moments 2:00 Snacks & Puzzles 2:30 Garden Club 3:30 Crossword 4:00 Smell/taste challenge 4:30 Helping Hands 6:00 shoulder massage/ROM C&D 6:30 Board games 7:00 Food & Friends 7:30 Spiritual Songs	**26** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 Chair Yoga **10:00 BIBLE STUDY** 11:00 Food & Friends 11:30 Ready the Room **1-1:45 Quiet Moments** 2:00 Snacks & Social 2:30 Cheerio Bingo 3:00 Tug – o- war 3:30 Reading Round Table 4:00 Sensory Mat 4:30 Cruising Around 6:00 Manicures 6:30 Board Games 7:00 Treats & Topics 7:30 Music Circle	**27** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga 10:00 Our Daily Bread 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D 2:30 Pictionary 3:00 Parachute 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics	**28** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga 10:00 Our Daily Bread 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D 2:30 Pictionary 3:00 Parachute 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics	**29** 7:00 Coffee Hour 9:00 Guided Meditation 9:30 LAUGH out loud Comedy Yoga 10:00 Our Daily Bread 10:30 Food & Friends 11:00 Tool Time 11:30 Towel Therapy/ set up 1-1:45 Quiet Moments/ Boring stories 2:00 ROM exercise C&D 2:30 Pictionary 3:00 Parachute 3:30 Afternoon walk 4:00 Karaoke 4:30 Stretch UP 6:00 Massage 6:30 Board games 7:00 Treats & Topics
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