

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>7 Coffee Hour 9 Sittercise (weights optional) 9:30 Fill In The Blank- Trivia 10 Church With Pastor Jim 10:45 Meet & Greet 11 Garden Club- Harvest Day 11:30 Reminisce social 1-1:45 Quiet Moments 2 Piano with Karen 3 Sewing workshop 3:30 Talk Gossip 4 Stretch Circle 4:30 Wash Up 6 Sing Out Loud with me! 6:30 Flower Arranging 7 Reading Round Table 7:30 Boring Stories</p>	<p>7 Coffee Hour 9 Paula leads Balloon Ball 9:30 Today, In History 10 Guided Meditation 10:30 Ethel's Choir Practice 11 Taste Test Challenge 11:30 Our Daily Bread 1-1:45 Quiet Moments 2 Chair YOGA with Balloon ball 2:30 Hidden Pictures 3 BINGO 3:30 Scent Sensory 4 Pen pals 4:30 Set the Table 6 Creative Minds 6:30 Name 10 (whiteboard) 7 Drum Circle</p>	<p>7 Breakfast Club 9 Karate CHOP 9:30 Today, In History 10 MIM 11 Clinic Trip 11:30 Pray With Me 1-1:45 Easy Listening 2 Piano with Karen 3 Charity Work 3:30 Laugh Out Loud yoga 4 Treats & Trivia 4:30 Ready The Room 6 With all my Art 6:30 Card Games 7 Nail Care 7:30 Sit & Knit</p> <p style="text-align: center;">Simchat Torah</p>	<p>7 Coffee Hour 9 Sittercise (weights optional) 9:30 Fill In the Blank- Trivia 10 Church With Pastor Jim 10:45 Meet & Greet 11 Garden Club- Harvest Day 11:30 Reminisce social 1-1:45 Quiet Moments 2 Piano with Karen 3 Sewing workshop 3:30 Talk Gossip 4 Stretch Circle 4:30 Wash Up 6 Sing Out Loud with me! 6:30 Flower Arranging 7 Reading Round Table 7:30 Boring Stories</p>	<p>7 Coffee Hour 9 Sittercise (weights optional) 9:30 Voice Exercises/ Vocal warm-up 10 Today, In History 10:30 YOU'VE GOT MAIL 11 Kiss the Cook 1-1:45 Easy Listening 2 Karen on piano /Paula Directs choir practice 2:30 Music Therapy 3:13 Gossip Girls 3:30 Count your blessings (discussion) 4 Facials- Masks 4:30 Helping Hands 6 What's your Story? 6:30 Game night!! 7 Our Daily Bread 7:30 Unwind and Relax</p>	<p>7 Coffee Hour 9 Chair Boxing 9:30 Group Story Writing (white board) 10 Postcards from Friends(Pen Pal) 10:30 Garden Club- Pruning day 11 Paint with me 11:30 Helping Hands 1-1:45 Quiet Moments 2 Karen on Piano 2:30 Voice Exercises With Paula/Ethel 3 Shake & Bake 3:30 Pictionary 4 Gentle massage 4:30 Set UP tables 6 Discussion Time 6:30 UNO</p>	<p>7 Coffee Hour 9 Morning STRETCH 9:30 Garden Club- Water plants 10 Memories In The Making 11 Today, In History 11:30 Clean Freaks 1-1:45 Simple Pleasures 2 Weight lifting- Sittercise 2:30 Catagories- Name 10 (White Board) 3 Treats and Topics 3:30 BINGO 4 Pedicures 4:30 Towel Therapy set up 6 Clear the table/clean sweep 6:30 Evening stroll & sing 7 Name that Tune 7:30 Chill OUT</p>
<p>7 Coffee Hour 9 Sittercise 9:30 Today, In History 10 VR Church service 10:30 Garden club 11 Memory Box 11:30 Laugh Out Loud Yoga 1-1:45 Boring Stories 2 Nature Walk Outside 2:30 Finish the Sentence 3 Tea Time 3:30 STARZ Music 4 Aromatherapy 4:30 Helping Hands 6 Sing OUT LOUD 6:30 Reminiscing 7 Hand massages</p>	<p>7 Coffee Hour 9 Paula leads Balloon Ball 9:30 Fill In The Blank 10 Guitar with Tharell 10:30 Ethel's Choir Practice 11 Taste Test Challenge 11:30 Our Daily Bread 1-1:45 Quiet Moments 2 Chair YOGA with Balloon ball 2:30 Hidden Pictures 3 BINGO 3:30 Scent Sensory 4 Pen pals 4:30 Set the Table 6 Creative Minds 6:30 Name 10 (whiteboard) 7 Drum Circle</p> <p style="text-align: center;">Columbus Day (US) Thanksgiving Day (Canada)</p>	<p>7 Breakfast Club 9 Karate CHOP 9:30 Today, In History 10 MIM 11 Clinic Trip 11:30 Pray With Me 1-1:45 Easy Listening 2 Piano with Karen 3 Charity Work 3:30 Laugh Out Loud yoga 4 Treats & Trivia 4:30 Ready The Room 6 With all my Art 6:30 Card Games 7 Nail Care 7:30 Sit & Knit</p>	<p>7 Coffee Hour 9 Sittercise (weights optional) 9:30 Fill In the Blank- Trivia 10 Church With Pastor Jim 10:45 Meet & Greet 11 Garden Club- Harvest Day 11:30 Reminisce social 1-1:45 Quiet Moments 2 Piano with Karen 3 Sewing workshop 3:30 Talk Gossip 4 Stretch Circle 4:30 Wash Up 6 Sing Out Loud with me! 6:30 Flower Arranging 7 Reading Round Table 7:30 Boring Stories</p>	<p>7 Coffee Hour 9 Sittercise (weights optional) 9:30 Voice Exercises/ Vocal warm-up 10 Today, In History 10:30 YOU'VE GOT MAIL 11 Kiss the Cook 1-1:45 Easy Listening 1:45 Karen on piano /Paula Directs choir practice 2:30 Don & Sharon Perform 3:30 Count your blessings (discussion) 4 Facials- Masks 4:30 Helping Hands 6 What's your Story? 6:30 Game night!! 7 Our Daily Bread 7:30 Unwind and Relax</p>	<p>7 Coffee Hour 9 Chair Boxing 9:30 Group Story Writing (white board) 10 Postcards from Friends(Pen Pal) 10:30 Garden Club- Pruning day 11 Paint with me 11:30 Helping Hands 1-1:45 Quiet Moments 2 Karen on Piano 2:30 Voice Exercises With Paula/Ethel 3 Shake & Bake 3:30 Pictionary 4 Gentle massage 4:30 Set UP tables 6 Discussion Time 6:30 UNO</p>	<p>7 Coffee Hour 9 Morning STRETCH 9:30 Garden Club- Water plants 10 Memories In The Making 11 Today, In History 11:30 Clean Freaks 1-1:45 Simple Pleasures 2 Weight lifting- Sittercise 2:30 Catagories- Name 10 (White Board) 3 Treats and Topics 3:30 BINGO 4 Pedicures 4:30 Towel Therapy set up 6 Clear the table/clean sweep 6:30 Evening stroll & sing 7 Name that Tune 7:30 Chill OUT</p>
<p>7 Coffee Hour 9 Sittercise 9:30 Today, In History 10 VR Church service 10:30 Garden club 11 Memory Box 11:30 Laugh Out Loud Yoga 1-1:45 Boring Stories 2 Betty S. B-day party! 3 Tea Time 3:30 STARZ Music 4 Aromatherapy 4:30 Helping Hands 6 Sing OUT LOUD 6:30 Reminiscing 7 Hand massages</p>	<p>7 Coffee Hour 9 Paula leads Balloon Ball 9:30 Fill In The Blank 10 Guided Meditation 10:30 Ethel's Choir Practice 11 Taste Test Challenge 11:30 Our Daily Bread 1-1:45 Quiet Moments 2 Chair YOGA with Balloon ball 2:30 Hidden Pictures 3 BINGO 3:30 Scent Sensory 4 Pen pals 4:30 Set the Table 6 Creative Minds 6:30 Name 10 (whiteboard) 7 Drum Circle</p>	<p>7 Breakfast Club 9 Karate CHOP 9:30 Today, In History 10 MIM 11 Clinic Trip 11:30 Pray With Me 1-1:45 Easy Listening 2 Piano with Karen 3 Charity Work 3:30 Laugh Out Loud yoga 4 Treats & Trivia 4:30 Ready The Room 6 With all my Art 6:30 Card Games 7 Nail Care 7:30 Sit & Knit</p>	<p>7 Coffee Hour 9 Sittercise (weights optional) 9:30 Fill In the Blank- Trivia 10 Church With Pastor Jim 10:45 Meet & Greet 11 Garden Club- Harvest Day 11:30 Reminisce social 1-1:45 Quiet Moments 2 Piano with Karen 3 Sewing workshop 3:30 Talk Gossip 4 Stretch Circle 4:30 Wash Up 6 Sing Out Loud with me! 6:30 Flower Arranging 7 Reading Round Table 7:30 Boring Stories</p>	<p>7 Coffee Hour 9 Sittercise (weights optional) 9:30 Voice Exercises/ Vocal warm-up 10 Today, In History 10:30 YOU'VE GOT MAIL 11 Kiss the Cook 1-1:45 Easy Listening 2 Karen on piano /Paula Directs choir practice 2:30 Fill in the blank 3 Gossip Girls 3:30 Count your blessings (discussion) 4 Facials- Masks 4:30 Helping Hands 6 What's your Story? 6:30 Game night!! 7 Our Daily Bread 7:30 Unwind and Relax</p>	<p>7 Coffee Hour 9 Chair Boxing 9:30 Group Story Writing (white board) 10 Postcards from Friends(Pen Pal) 10:30 Garden Club- Pruning day 11 Paint with me 11:30 Helping Hands 1-1:45 Quiet Moments 2 Karen on Piano 2:30 Voice Exercises With Paula/Ethel 3 Shake & Bake 3:30 Pictionary 4 Gentle massage 4:30 Set UP tables 6 Discussion Time 6:30 UNO</p>	<p>7 Coffee Hour 9 Morning STRETCH 9:30 Garden Club- Water plants 10 Memories In The Making 11 Today, In History 11:30 Clean Freaks 1-1:45 Simple Pleasures 2 Weight lifting- Sittercise 2:30 Catagories- Name 10 (White Board) 3 Treats and Topics 3:30 BINGO 4 Pedicures 4:30 Towel Therapy set up 6 Clear the table/clean sweep 6:30 Evening stroll & sing 7 Name that Tune 7:30 Chill OUT</p>
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