

Arbor House News



Our Staff

Christi Dobbs
Executive Director

Marki Denton
Director of Nursing

Lillian "Lil" Kenney
Admissions & Marketing Director

Sarah Dixon
Dietary Supervisor

Mark Bernhard
Engagement Coordinator

Amber Hughes
Wellness Coordinator

Laura Tucker
Administrative Assistant

Shelley Jones
RN Consultant

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Newsworthy

Perhaps we take for granted the convenience of finding our daily newspapers on the front stoop or in the mailbox. On September 4, give extra thanks to our delivery boys and girls on Newspaper Carrier Day, for it was on this day in 1833 that New York City news publisher Benjamin Day hired the very first paperboy, 10-year-old Barney Flaherty. Day's advertisement looking for help requested "steady men" for the job, but Flaherty proved a sincere and hardworking lad. Soon, boys and girls could be found manning the city's street corners yelling, "Extra! Extra! Read all about it!"

Nowadays, newspaper carriers are a rare breed. A 2016 study showed that in the United States, only two out of 10 adults get their news from an actual paper. More than half of us watch the news on television. But a recent 2017 survey showed that 67% of all Americans now get the latest news through social media outlets like Facebook and Twitter. Cell phones have dramatically contributed to this change, with 72% of Americans using their phones to find out the latest headlines. While many lament that print newspapers are going obsolete, there is some good news: journalism is actually getting better.

The world is better informed today than it has ever been. Thanks to cell phones, people can follow the news with a few quick swipes of the finger. Moreover, journalists have better access to the technology that allows them to uncover facts and stories, as well as to widely distribute those facts. So, the good news is that there is a lot of good news out there. However, with so much news out there competing for our attention, it has never been more important to check the news for ourselves and get our facts straight. While those printed newspapers delivered by our celebrated newspaper carriers undergo rigorous editorial processes, sometimes online outlets do not. Reading the news is a responsibility we should all take seriously.



On the Road Again



September 13 is Roald Dahl Day in honor of the British writer's birthday. Dahl is best-known for his children's books, including *Charlie and the Chocolate Factory* and *James and the Giant Peach*. But aside from his writing, Dahl was a born explorer. During the 1930s, he joined oil exploration expeditions to Newfoundland, Canada, and Tanzania, Africa. In 1939, he joined the Royal Air Force and became a World War II fighter pilot. It was during this time that he crash-landed in the Egyptian desert. The injuries he sustained kept him from flying, so the British government sent him to Washington, D.C., as a diplomat. The truth, however, was that he was a spy and his task was to rally America to join in the war effort. Dahl proved both as charming and shrewd as fictional spy James Bond and even spent a weekend in 1943 with then-president Franklin D. Roosevelt. Perhaps it is fitting that Dahl, in 1967, adapted Ian Fleming's James Bond story *You Only Live Twice* into a movie.



Join Team Arbor House!
2018 Walk to End Alzheimer's
Oct. 13 — Bicentennial Park
Party starts at 7:30 a.m.
Ceremony/Walk at 9:00 a.m.

Yes, Virginia

On September 21, 1897, the *New York Sun* newspaper published an editorial called "Is There a Santa Claus?" It was during that year that eight-year-old Virginia O'Hanlon asked her father if Santa Claus existed. He suggested that she write her question to the local paper. Francis Pharcellus Church, one of the newspaper's edi-



Mums – Fall Favorites

Fall is just around the corner and we're once again partnering with Marcum's Nursery for the Sale of Mums. We will have them in a variety of colors. The Mums are in 2/gal. pots for \$20/ea. Proceeds benefit the End of Alzheimer's.

Every fall many of us purchase Mums for our homes and offices. This year, please consider buying them from Arbor House. We accept cash or checks. Please make checks payable to: Arbor House.

Thank you for your support!

tors, had no idea that his reply to Virginia's query would be one of the most reprinted editorials in the world.

Church was a war correspondent during the Civil War. His experiences had made him cynical and an atheist. He had not wanted to write the editorial and refused to have his name attached to the reply. But he did write it, and rather than give a straight and simple answer, he wrote philosophically about the existence of fairytale-like figures and how they should give us all faith and joy in the profound innocence of childhood, and, as Church put it, in the existence of "love and generosity and devotion." When he wrote, "Yes, Virginia, there is a Santa Claus," he was arguing that, despite all he had seen during war-time, humanity was still decent and good.

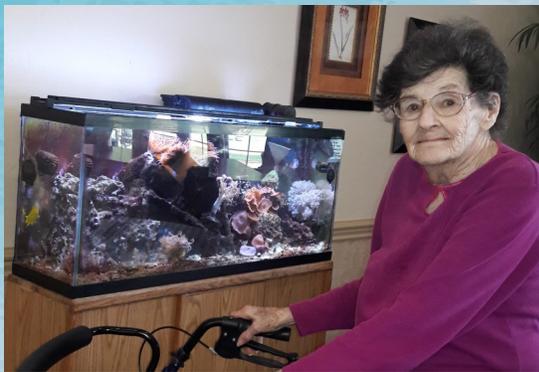
Life in Motion — August Memories



Wilma calls Bingo while Mark takes a day off.
Thank you, Wilma!



Leta and Chester enjoy a little reading before dinner.



Out & about at Arbor House. Smile for the camera!



Did you know that Oklahoma hosts an annual balloon fest? The Firelake Balloon Fest is held in August in Shawnee, OK. Our very own, Lil, attended this year and shared these colorful pictures from the event.



Our Philosophy

Giving new meaning to Life

The Arbor House Philosophy is based on the belief that each resident is entitled to the highest quality of life through wellness services that work to promote independence, healthy lifestyles, dignity, and a sense of security.

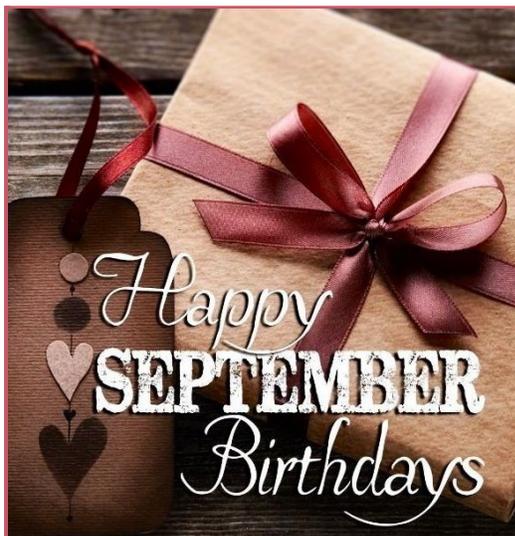
The right of each resident to determine his/her need is respected at each level of care, and promoted by providing services in ways that recognize individuals needs and preferences.

A partnership exists between residents and staff to promote individual's independence while providing the necessary support to function at his/her highest level.

Arbor House
Assisted Living
4501 W. Main
Norman, OK 73072

(405) 292-9200
www.arborhouseliving.com

Story or article suggestions?
Contact Lil or Email
lil@arborhouseliving.com



RESIDENTS

9/9 — Wilma S
9/16 — Annabelle
9/17 — Margaret
9/18 — Terry
9/22 — Dessie
9/24 — Jeannie
9/26 — Dorothy
9/27 — Judith

STAFF

No Staff
birthdays in Sept.



Hummingbirds are the only birds that can fly backward

A Hummer of a Bird

September 7–9 brings the Hummingbird Migration and Nature Celebration as these tiny winged marvels make their way back to warmer southern climates. Hummingbirds, sometimes called hummerbirds, get their name from the sound their wings make. These birds flap their wings so fast—about 80 times per second—that they seem to hum. Hummingbirds exist only in the western hemisphere; they range from southern Alaska to northern Chile and stop everywhere in between. Although they weigh less than a nickel, these tiny birds can fly up to 500 miles without stopping. Why not help them on their journey by putting out specially designed hummingbird feeders? These brightly colored feeders provide the sugary, high-energy nectar hummingbirds need to maintain their metabolism.

