



Assisted Living Community Waco, Texas

June 2018

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Arbor Gardens Happenings



Greetings! I hope each of you is doing well and surviving this Texas heat! I wanted to let everyone know that Lisa Juandiego, Arbor Gardens Coordinator, is no longer with us. We recognize that Arbor Gardens is a special place and therefore, requires dedicated and specialized leadership. We needed to make some changes, so our residents receive the best care and our carefriends receive the highest level of training and support. We are working towards finding the right person as our coordinator. In the meantime, you will be seeing myself, Kristi (DON) and Lori Davis (Resident Services Coordinator) more present and involved in Arbor Gardens. We will also be changing up some engagements and be looking for more volunteers. If you are interested in leading an engagement, we would love the extra hands. If you have a hobby or special skill/talent you would like to share with our wonderful residents, please let me know. I look forward to seeing good times along the journey for Arbor Gardens' residents and families!

Carrie Pullin
Executive Director

LIFE IN MOTION

Here at Arbor House, every moment is a gift to celebrate! From impromptu song-and-dance to daily devotions we're always looking for ways to give new meaning to life—and to have some fun!



Lovely Arbor Gardens ladies working out their green thumbs!



Strolling through the garden with friends!



Getting pampered & polished!



Note from the Kitchen

In the month of June, you will notice a change to our menu. We are highlighting one resident recipe every week. We would love for residents/families to share recipes that we can then prepare for our residents. We want our residents to feel at home and be a part of choosing what we prepare on a weekly basis. Thank you in advance for sharing your recipes and memories!

Giving New Meaning to Life



Baylor's Singing Senior Choir gave a fantastic performance in the dining room. We were blessed to have so many beautiful voices join us for the afternoon!



Everyone's always up for a round of balloon ball!



Next time you swing by, make sure to say "Hello!" to little Rosie and Mr. Midnight!



Note from the DON, Kristi Burger

We have multiple agencies and physicians available that come into Arbor House on a regular basis. If you are interested in physical therapy or occupational therapy in house, please ask me for more details. We will be coming up on flu season before we know it and I will be getting vaccination consent forms out within the next couple of months. This year, Circle Drug Pharmacy will be setting up a flu shot clinic at here at Arbor House.

I have noticed that many of our residents have advanced directives stating that they do not want life saving practices performed. In order for us to abide by these wishes, an Out of Hospital Do Not Resuscitate (OOHDNR) form must be properly completed. If you have any questions or need the form, please reach out to me at your convenience.



At Arbor House Assisted Living Waco, our personalized services are designed for those who desire the finer things in life. Since we believe life improves with age, we have created special services and carefree environment that promotes independence and dignity without all of the concerns associated with maintaining a home. The array of fine services we offer reflect our goal of enhancing quality of life for our residents. Most importantly, our services are delivered with respect and sensitivity. We understand that individual needs vary, so our personalized services are tailored to meet the specific needs of each resident. Whether it be a hobby, exercise, or leisure, we offer our residents the opportunity to pursue individual desires. Arbor House offers a choice of private suites designed to meet diverse needs and tastes. Our spacious and inviting accommodations await and welcome the personal touches and cherished collectibles that truly make a house a home. Our residents enjoy the outdoors in our beautifully appointed courtyards. All the best in life in the company of good friends, the indulgence of gracious amenities, and the security of caring, personalized services await you at Arbor House.



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