

The Reminisce



Our Staff

Tonya Hodges
Executive Director

Joseph Herrington
Director of Nursing

Lillian "Lil" Kenney
Admissions & Marketing Director

Amber White
Engagement Coordinator

Elana Perry
Dietary Supervisor

Melissa Riojas
Wellness Coordinator

Meg Brown
Administrative Assistant

Shelley Jones
RN Consultant

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Heroes of June



We're calling the month of June wonderful, super, and heroic. Forgive the use of superlatives, but June celebrates both Wonder Woman Day on June 3 and Superman Day on June 12.

Wonder Woman has been getting a lot of press lately thanks to a massive surge in popularity after the release of her own Hollywood movie. The comic book superheroine may have become a box office smash in 2017, but for the preceding 75 years, Wonder Woman was something more subversive.

Wonder Woman wasn't the first female superhero, but she was the first female superhero created specifically to be a feminist icon. Her creator, William Moulton Marston, was a Harvard-educated psychologist who believed that women would rule the future because men were too immersed in violence and war. In many respects, Wonder Woman embodied his hope for a new world order of feminist peace. Over her 75 years, Wonder Woman has been caught in a tug-of-war between being called a feminist icon and feminist failure. Regardless of her politics, Wonder Woman has become a worldwide cultural phenomenon worthy of her own holiday.

Superman as the hero we know today made his comic book debut on June 12, 1938. While Wonder Woman was designed as a savior, Superman was originally conceived as a villain by creators Jerry Siegel and Joe Shuster. He made his first appearance in 1933 in a story in which a mad scientist finds a nobody and turns him into "the superman," a bald madman bent on destroying the world. Of course, this idea was scrapped in favor of a cape-clad alien who becomes a savior to Earth.

Wonder Woman and Superman may be some of the most beloved superheroes of all time, but a debate rages: who is more powerful? The two have battled 15 times, with Wonder Woman defeating Superman eight times and drawing him four, but who's counting?

Ask the Expert...

Stubbornness and Uncooperativeness

“Whatever I want him to do, he won’t do it,” said one daughter-in-law. Another said, “Whenever it’s time to dress Dad, he says he has already changed his clothes. He won’t go to the doctor, and whatever I serve for dinner he won’t eat.”

Families often suspect that a stubborn and uncooperative person with dementia is deliberately trying to frustrate them. It is hard to know whether a person who has always been stubborn is now more so, or whether the stubbornness is because of the dementia. Some people are more uncooperative than others by nature. However, this kind of behavior is usually at least partly caused by the illness.

If a person cannot remember when he last took a bath, he may be insulted when he is told to bathe. This is understandable.

The person may not understand what he is being asked to do (go to the doctor, help set the table), and so he refuses. Uncooperativeness may seem a safer course than risking making a fool of one’s self. Sometimes a statement such as “I hate this food” really means “I am miserable.”

Be sure that requests are understood. “Can you smell our supper cooking? See the roast? It will be delicious. Sit here and I will give you some.

Focusing on a pleasant experience sometimes helps. “As soon as we leave Dr. Brown’s office, we’ll celebrate with a big ice cream cone.”

If strategies like this do not work (and sometimes nothing does), consider that the negative attitudes are often a part of the illness rather than a personal attack. The person may be too confused to intend to insult your cooking. Take the path of least difficulty. Avoid arguments and accept whatever compromise will work.

Source: The 36-Hour Day

The King Is Born



On June 5, 1956, a young and charismatic musician named Elvis Presley appeared on *The Milton Berle Show*. While this was not Elvis’ first television appearance, and not even his first appearance with “Uncle Miltie,” his rendition of *Hound Dog* became at once both famous and infamous. Before this performance, Elvis was often captured on camera playing his guitar from the waist up. However, for *Hound Dog*, the 21-year-old Elvis threw aside his guitar so that America could watch him gyrate his body from head to toe. For these scandalous gyrations, he was dubbed “Elvis the pelvis” and panned by critics as gross and inappropriate. The publicity for this performance put Elvis into the spotlight and launched his career into orbit to become the “King of Rock ’n’ Roll.”

Creating a Safe Haven

Decorate resident’s room with items that define who the person is so when anyone enters, they see a unique human being and instantly know something valuable about the person. What are their hobbies? What subject do they know a lot about? What items are they familiar with? By filling their life with what makes them a unique individual, memories will flow when they enter their room because it is filled with things they love and recognize. The staff will also know something important about them as soon as they walk into their room and be able to give them their history back many moments throughout the day.



Residents enjoyed music & entertainment; a Mother's Day celebration, and a Star Wars themed-engagement.



May the 4th be with you!



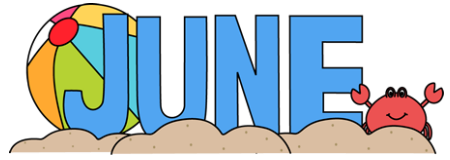
Our Philosophy

Giving new meaning to Life

The Arbor House Philosophy is based on the belief that each resident is entitled to the highest quality of life through wellness services that work to promote independence, healthy lifestyles, dignity, and a sense of security.

The right of each resident to determine his/her need is respected at each level of care, and promoted by providing services in ways that recognize individual's needs and preferences.

A partnership exists between residents and staff to promote individual's independence while providing the necessary support to function at his/her highest level.



RESIDENTS

- Barbara B — 6/1
- Ken S — 6/6
- Linda M — 6/22
- Cindy E — 6/30

STAFF

- Mellany — 6/1
- Koena — 6/1
- Lil — 6/9
- Sam — 6/15



Arbor House
Reminisce Center
151 48th Ave SW
Norman, OK 73072

(405) 310-2499
www.arborhouseliving.com



Story or article suggestions?
Contact Lil or Email
lil@arborhouseliving.com



@ Arbor House Assisted Living