

The Arbor House Recorder

ARBOR HOUSE: The #1 Memory Care in Granbury!

MAY 2018

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May is already here! In honor of May traditions we would like to introduce our Arbor House Monthly Newsletter—Graduation Edition! In this “yearbook”, you will find a class picture of each resident along with various awards and recognitions. This is an opportunity to honor each and every resident and acknowledge them for the wonderfully amazing people that they truly are! We will always honor our resident’s and their family’s privacy, so not all of our residents are pictured in the newsletter.

We would like to extend a warm welcome to our new Director of Nursing, Crystal Dowling. Crystal has many years of experience in the Director of Nursing position at various Assisted Living and Memory Care Communities, and we are so excited to add her knowledge and expertise to our wonderful team!

This month the residents are going to have a meet and greet with their pen pals! Our residents and Mrs. Hughes’s 4th grade class from Bluff Dale ISD have been exchanging pen pal letters since March. We have spent some time getting to know each other through written correspondence and are looking forward to meeting in person!

We would like to say thank you to Granbury Church of God for donating beautiful, vibrant Easter lilies for our residents to enjoy! We would also like to thank Lee Home Health for supplying prizes for our weekly themed day competitions! Our residents and care-friends dressed up for various themed days, including Decade Day—Back to the 60’s, Pajama Party Friday, House Spirit, and Favorite Character Day. Thank you to Jayme from Hospice Plus for helping us say thank you to our Arbor House care-friends for their dedication and hard work by providing lunch to all! Encompass Home Health also pitched in to help us recognize our Arbor House care-friends by donating various door prizes that were used throughout the month of April to show appreciation to our wonderful team! We are so thankful for our care-friends, and appreciate these companies for pitching in to help us recognize and reward them for their hard work.

Much love,
Shannon

Tiffany Wynn
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Crystal Dowling, LVN
Director of Nursing
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Lydia Messina

Community Relations Director
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Melissa Xiong, RN
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Natalie Kunkel
Regional Director
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David Hankins
Maintenance Supervisor



Shirley S.
"Trivia Queen"



Stanley S.
"Most Likely to Sleep in Class"



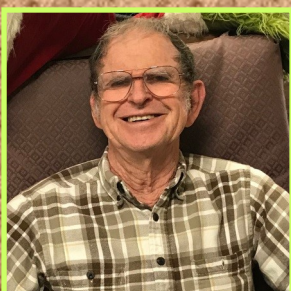
Betty L.
"House Nurse"



Kenneth L.
"Most Patient"



Joanne H.
"Most Nurturing"



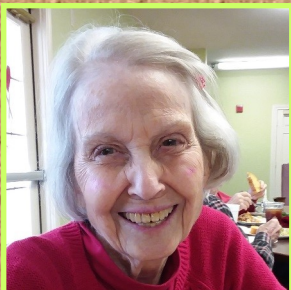
Bob P.
"Best All-Around Helper"



Bobby W.
"Most Courteous"



Mary N.
"Best Dancer"



Billie S.
"Most Likely to Be a Boss"



Victoria G.
"Most Organized"



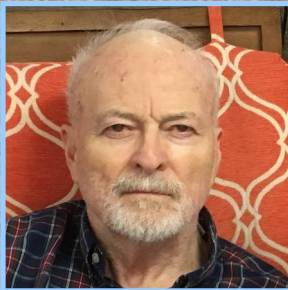
Susie R.
"Mrs. Congeniality"



Jo C.
"Best Comebacks"



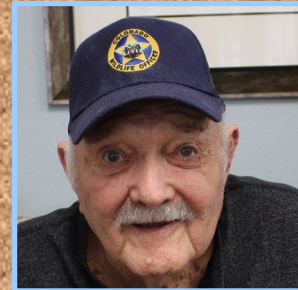
Melba B.
"Most Likely to Win a Debate"



Demmie M.
**"Most Fluent in Foreign
Languages"**



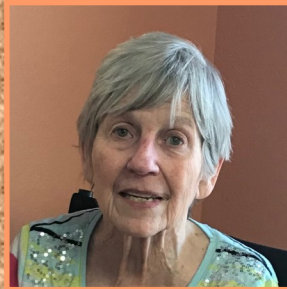
Charles J.
**"Most Witty & Domino
King"**



Charles W.
"Best Singing Voice"



Willie L.
"Most Crafty"



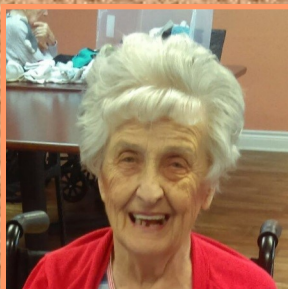
Sandra B.
"Best Conversationalist"



Margaret B.
"Southern Bell"



Mary Ann H. — "Nana"
"Mother of the House"



Carol M.
"Mrs. Feisty Sassy Pants"



Enid D.
"Best Prankster"



Carolyn W.

Per family/resident request, some residents are not photographed



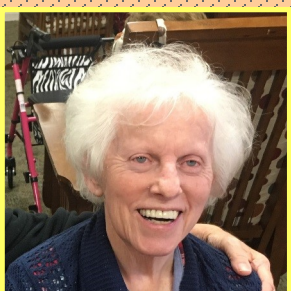
Barbara S.



Naomi M.



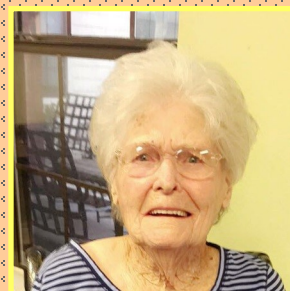
Mary R.



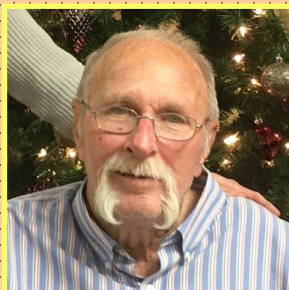
Norma C.



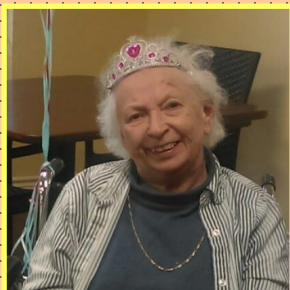
Jim B.



Pauline W.



Gene S.



Barbara B.



Flo B.



Bonnie W.

MAY 2018

Sun Mon Tue Wed Thu Fri Sat

		1	2	3	4 Dress for Cinco de Mayo!	5 Cinco de Mayo!
6	7 Party w/ Margie @2PM	8	9 Theme Day— Sweatin' to the Oldies Happy Birthday	10 Singing the Oldies @10AM	11 Mother's Day Cake & Coffee @3:30PM	12
13 Mother's Day Gospel w/ The Richey's @3PM	14 Party w/ Margie @2PM Happy Birthday	15	16	17	18 Twin Day— Care-friend and resident dress alike	19
20	21	22	23 Patriotic Attire Meet & Greet Pen Pals @10AM Rockin' w/ Rick 2PM	24 Party w/ Margie @2PM	25	26
27	28 Memorial Day	29	30	31	* Entertainment * Theme Day * Birthday * Special Events * Holidays	



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Arbor House Memory Care Assisted Living, has been architecturally designed based on the most current and relevant studies dedicated to creating environments that promote independence and dignity for those managing dementia causing diseases such as Alzheimer's.

OUR DESIGN RESPONSE:

Current research tells us that people with dementia perform with greater independence in less crowded environments. Our Community honors this information in its building design by providing 4 sections we call houses, which each offer 13 private bedrooms, 2 living areas, dining room, kitchen and courtyard.

We use **red dinnerware**, which studies tell us, improves appetite. Additionally, a person's ability to visually process the food on a plate can be affected in the journey and this contrast can make eating easier and reduce mealtime stress. We practice "**Social Dining**", a technique in which the Care Team dines with our residents to promote conversation and provide socially appropriate cueing and assistance.

For people managing dementia, a structured and purpose-filled day reduces stress and "sun downing." Our engagement program, "Life in Motion," boasts a minimum of 10 programs per house each day, which offers a consistent routine to increase independence and are designed to touch on 8 key areas of joy, connection & purpose.

Familiar relationships reduce stress during care giving. Our 1 to 6.5 staffing ratio and designated Care Team per house allow for strong relationships to grow. This ratio does not include administrative staff.