

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Gables November 2017		Helping Hands 8:30, 11:00, 12:30, 4:00, 5:30 Social Dining 8:00, 11:30, 4:30 Spiritual Songs 8:30 Bold to Beauty 8:30 Cooking Club 10:00 Happy Hour 10:00	1 9:30 Phrases 10:30 Poetry Club 1:00 Hand Massages 1:30 Pretty Nails 2:00 Take out Trash 2:30 Categories 3:00 Ball Toss 3:30 Game On 6:00 Phrases 6:30 Mandala Meditation 7:00 Gospel Songs 7:30 Foot Spa	2 9:30 Sing- A-Long 10:30 Mandala Meditation 1:00 Poetry Club 1:30 Foot Massage 2:00 Snack & Chat 3:00 Categories 3:30 Remember When 6:00 Pizza Toss 6:30 Open Art 7:00 Chicken Soup Book Club 7:30 Pedicures	3 9:00 Ball Toss 9:30 Categories 10:30 Chicken Soup Book Club 1:00 Messages 2:00 Snack & Chat 3:00 Phrases 3:00 Engaged Walking 3:30 Bird Watching 6:00 Snack & Chat 6:30 Poetry Club 7:00 Prayer Circle 7:30 Facials	4 9:00 Pizza Toss 9:30 Phrases 10:30 Open Art 1:30 Chicken Soup Book Club 2:00 Sending Cards/ Letters 2:30 Snack & Chat 3:00 Kick Ball 3:30 Remember When 6:00 Categories 6:30 Story telling 7:00 Gospel Singing 7:30 Hand Massage
5 9:00 Noodles up 9:30 Phrases 10:30 Church 1:00 Poetry 1:30 Chicken Soup Book Club 2:00 Simple Pleasures 2:30 Categories 3:00 Bear Walk 3:30 Remember When 6:00 Pizza Toss 6:30 Story Telling 7:00 Gospel Singing 7:30 Hand Massage	6 9:00 Pizza Toss 9:30 Categories 10:30 Mandala Meditation 1:00 Pretty Nails 1:30 Count your Blessings 2:00 Sending Cards/ Letters 2:30 Snack & Chat 3:00 Engaged Walking 3:30 Bird Watching 6:00 Phrases 6:30 Remember When 7:00 Prayer Circle 7:30 Facials	7 9:30 Life Stories 10:30 Memories in the Making 1:00 Foot Spa 1:30 Chicken Soup Book Club 2:00 Snack & Chat 2:30 Sing-A-Long 3:00 Pizza Toss 3:30 Remember When 6:00 Categories 6:30 Poetry Club 7:00 Gospel Songs 7:30 Pedicures	8 9:30 Phrases 10:30 Poetry Club 1:00 Hand Massages 1:30 Pretty Nails 2:00 Take out Trash 2:30 Categories 3:00 Ball Toss 3:30 Game On 6:00 Phrases 6:30 Mandala Meditation 7:00 Gospel Songs 7:30 Foot Spa	9 9:30 Sing- A-Long 10:30 Mandala Meditation 1:00 Poetry Club 1:30 Foot Massage 2:00 Snack & Chat 3:00 Categories 3:30 Remember When 6:00 Pizza Toss 6:30 Open Art 7:00 Chicken Soup Book Club 7:30 Pedicures	10 9:00 Ball Toss 9:30 Categories 10:30 Chicken Soup Book Club 1:00 Messages 2:00 Snack & Chat 2:30 Phrases 3:00 Engaged Walking 3:30 Bird Watching 6:00 Snack & Chat 6:30 Poetry Club 7:00 Prayer Circle 7:30 Facials	11 9:00 Pizza Toss 9:30 Phrases 10:30 Open Art 1:30 Chicken Soup Book Club 2:00 Sending Cards/ Letters 2:30 Snack & Chat 3:00 Kick Ball 3:30 Remember When 6:00 Categories 6:30 Story telling 7:00 Gospel Singing 7:30 Hand Massage
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