



Under the Shade Tree

Arbor House Memory Care

Marble Falls July 2026

Meet Your Arbor House Team

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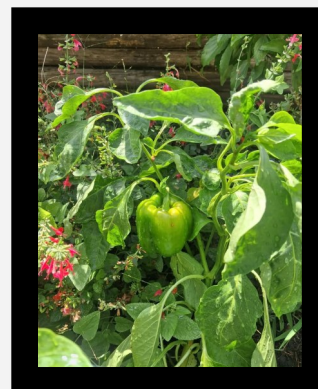
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License # 105513

What's Happening...

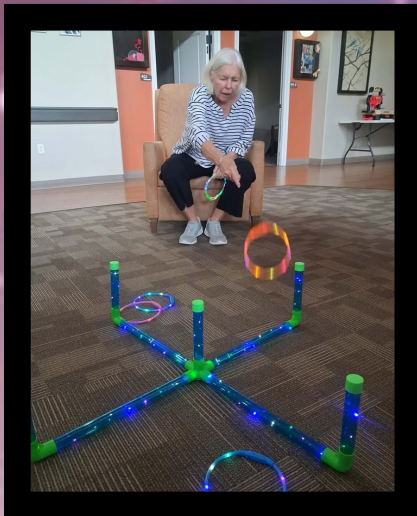
July is here and with it comes hot weather. So one thing for sure, there will be lots of snow cones, homemade ice cream, ice cold lemonade and tea being consumed! We have a busy month of fun prepared for us. We start off with our pre 4th of July get together @ 2pm, on the 3rd. Some of our other fun days include an ice cream sundae bar, making homemade ice cream, Gorgeous Grandma Day, Christmas in July, Hawaiian Day, and Wine and cheese day! We welcome you to come and join us anytime here in Evergreen. We love company and always have a sweet treat waiting for you, from our morning baking class. On the 15th, we will be taking a backroad, country drive and stop off for an ice cream cone at Dairy Queen in Burnet. If you haven't seen our garden, it is thriving with the peppers, mint, basil, and cherry tomatoes! The dahlias are growing tall and beautiful as well.

Last month was one for the books. We are still talking about our glamour shot photos. The ladies couldn't believe it was them staring back in the mirror. A time was had indeed from the prep work that started at 7am to the last photo taken at 2pm! There's no denying these ladies and gentleman had the time of their lives! On Father's day, we honored Mr. Sample with a Donuts with Dad Social. He truly enjoyed having the day to himself.

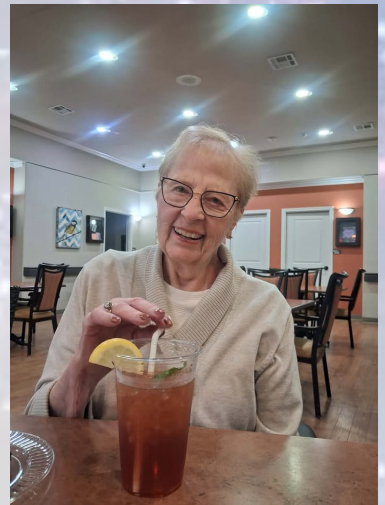
We hope you have a spectacular July and please stay hydrated and blessed!



Friends in Motion



Life in Motion



Empowering Photo Shoot



EVERGREEN WISH LIST

Hello Family and Friends

Below is a list of items that we would be more than happy to have if you can spare :)

- ***Fake/silk flowers***
- ***Adult Coloring books***
- ***Costume Jewelry***
- ***Acrylic paints/paint brushes***
- ***Fabric pieces***
- ***Watercolor books***
- ***Bird Bath***
- ***Magazines***
- ***Puzzles (100 pieces or less)***
- ***Mixing bowls***
- ***Canvases (all sizes)***

If you have any questions, please feel free to contact Camille Guthrie for more information

(830) 234-1860

Interesting Facts about July

- **It is the second summer month after June.**
- **There are many countries which have their Independence Day during the month of July. These include the United States, Belarus, Venezuela, Argentina, Belgium, the Bahamas, and the Maldives. The national days for France and Canada occur in July as well.**
- **July is the warmest month in the Northern Hemisphere on average. It is similar to January in the Southern Hemisphere.**
- **Sometimes the hot, long days of July are called the "dog days of summer".**
- **It is sometimes called the Hay month because the grass dries out due to a lack of rain and can be made into hay. July's birthstone, the ruby, is often associated with contentment, love, passion, and integrity.**
- **Birthstone: Ruby**
- **Flower: Larkspur or Water Lily**
- **Zodiac signs: Cancer and Leo**

Attention Volunteers

If you have a special talent or skill that you would like to share with us, we invite you to join our Evergreen Volunteer Program!

Contact Camille Guthrie

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Arbor House Assisted Living, specializes in Alzheimer's and Memory Care. Our community has been designed based on the most current and relevant studies dedicated to creating environments that promote independence and dignity for those managing dementia causing diseases like Alzheimer's.

Studies suggest

Research has shown that the health benefits of laughter are far-ranging. Studies so far have shown that laughter can help **relieve pain, bring greater happiness, and even increase immunity.** Positive psychology names the propensity for laughter and sense of humor as one of the 24 main signature strengths one can possess.

Arbor Houses Design Response

Our community is comprised of two houses, each which offer 8 bedrooms, 2 living areas, dining room, and courtyard.

We use red dinnerware, which studies tell us, helps people experiencing visual processing problems, navigate their plate better.

We practice "social dining", a technique in which the care team dines with our residents to promote conversation and provide socially appropriate cueing and assistance.

Our engagement program boosts a minimum of 10 programs a day, which offers a consistent routine to increase independence and are designed to touch 8 key areas of interest, engagements, and vocation.

Our 1:6 staffing ratio and designated care team per house allow for strong relationships to grow. This ratio does not include administration staff.



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