

# ARBOR HOUSE ASSISTED LIVING & MEMORY CARE

## ARBOR GARDENS APRIL 2025



### Your Arbor House Leadership Team

Carrie Pullin

carrie@arborhouseliving.com  
Executive Director

Wendy Cormier, LVN

wendy@arborhouseliving.com  
Director of Nursing

Christy Ocampo

cocampo@arborhouseliving.com  
Community Relations Director

KaNeesha Smith

ksmith@arborhouseliving.com  
Dietary Manager

Chyenne Gage

chyenne@arborhouseliving.com  
Arbor Gardens Coordinator

Angela Bird

AL Resident Services Coordinator

Laura Reeves

waco.admin@arborhouseliving.com  
AL Engagement Coordinator

Patty Jaramillo

AG Activities Coordinator

Kayla Hagood

waco.admin@arborhouseliving.com  
Executive Assistant

Arbor House of Waco  
2418 Marketplace Dr  
Waco, Tx 76711

Main: 254-294-8672

Fax: 254-294-8655

www.arborhouseliving.com

License #106574

"STAYING HYDRATED IS ESSENTIAL FOR MAINTAINING GOOD HEALTH, ESPECIALLY AS WE AGE. PROPER HYDRATION HELPS KEEP OUR BODIES FUNCTIONING WELL, SUPPORTS COGNITIVE HEALTH, AND CAN EVEN IMPROVE MOOD AND ENERGY LEVELS. IN ARBOR GARDENS, WE ENCOURAGE ALL OUR RESIDENTS TO DRINK PLENTY OF WATER THROUGHOUT THE DAY BY ENSURING FRESH FRUIT INFUSED WATER IS AVAILABLE AT OUR HYDRATION STATIONS, AS WELL AS ENJOY HYDRATING FOODS LIKE FRUITS AND VEGETABLES. OUR STAFF IS ALWAYS HERE TO ASSIST WITH ENSURING EVERYONE HAS ACCESS TO FLUIDS, WHETHER IT'S WATER, HERBAL TEAS, OR REFRESHING FRUIT SMOOTHIES. REMEMBER, STAYING HYDRATED IS A SIMPLE BUT POWERFUL WAY TO BOOST OVERALL WELLNESS.

LET'S RAISE A GLASS TO HEALTH AND  
HYDRATION AS THE WARMER MONTHS ARE  
APPROACHING!"

-CHYENNE GAGE

ARBOR GARDENS COORDINATOR



4/2 SOCIAL  
W/SHY  
(ENHABIT)

4/17 SPRING CRAFT  
W/DEBBIE  
(ACCENTCARE)

4/18 PICNIC LUNCH  
W/HANNAH  
(PROVIDENCE)

BIRTHDAY SOCK HOP

4/24

W/KARLA  
(ACCENTCARE)

# ST. PATRICK'S DAY WITH WITH PROVIDENCE HOSPICE



QUINCY



PAT



ROSEMARY & TJ



MRS. LEE



JAMES



ALBERT

## Spa Day With Accentcare



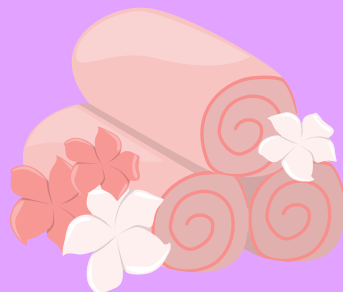
DON



DEBBIE & ROSALIE



vernita



DEBBIE & PAULA



KARLA & MARA



*MYRNA & VIOLA*



*JEANETTE*



*TJ & STEVE*

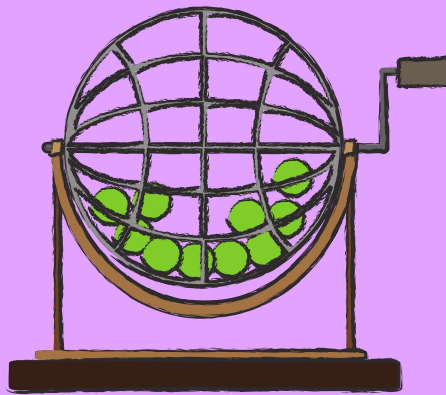
# *Bingo with AZ*



# *Volunteers*



*JIMMIE & ROSALIE*



*THE MCKINNEY'S*



At Arbor House Assisted Living Waco, our personalized services are designed for those who desire the finer things in life. Since we believe life improves with age, we have created special services and a carefree environment that promotes independence and dignity without all of the concerns associated with maintaining a home. The array of fine services we offer reflects our goal of enhancing the quality of life for our residents. Most importantly, our services are delivered with respect and sensitivity. We understand that individual needs vary, so our personalized services are tailored to meet the

specific needs of each resident. Whether it be a hobby, exercise, or leisure, we offer our residents the opportunity to pursue individual desires. Arbor House offers a choice of private suites designed to meet diverse needs and tastes. Our spacious and inviting accommodations await and welcome the personal touches and cherished collectibles that truly make a house a home. Our residents enjoy the outdoors in our beautifully appointed courtyards. All the best in life in the company of good friends, the indulgence of gracious amenities, and the security of caring, personalized services await you at Arbor House. We invite you to become a part of our special residence dedicated to providing you with the best in life.



HAPPY  
EASTER



*Giving New Meaning To Life*

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