



# ***Arbor House***

## ***Assisted Living, Memory Care & Independent Living***

### **Marble Falls September 2024**

#### ***Meet Your Arbor House Team***

***Rhonda Tedford***

*rhonda@arborhouseliving.com*

*Executive Director*

***Courtney Taylor***

*ctaylor@arborhouseliving.com*

*Director of Nursing*

***Jessica Robbins***

*jrobbins@arborhouseliving*

*Community Liaison*

***Rubi Mier***

*mfengagements@arborhouseliving.com*

*AL Engagement Coordinator*

***Camille Guthrie***

*mfevergreen@arborhouseliving.com*

*Evergreen Engagement Coordinator*

***Alanda Hill***

*mfincc@arborhouseliving.com*

*Memory Care Coordinator*

**Arbor House of Marble Falls**  
**1801 King Road**  
**Marble Falls, Texas 78654**  
**830.613.3260**  
**www.arborhouseliving.com**  
**License # 105513**

#### **What's Happening...**

**Happy September! Fall is upon us, and it's the season for all senses. The feel of cooler temperatures after a long, hot summer. A warm, visually pleasing palate of reds, oranges and browns. The taste of pumpkin spice in everything. Oh what a joy!**

**Also, next time you're in the building, stop by and say howdy to Courtney, our new Director of Nursing! We are very lucky and blessed to have her on our team. Welcome home Courtney!**

**This month in Evergreen, we will be hosting our very own Price is Right show! It premiered on Sept. 4, 1972 for the first time! How fun will that be? We will also be celebrating Grandparent's Day on Sept. 9th, with a special Spa day. Who deserves pampering more than them? If you'd like to help with anything, let Camille know. Thank you for you all's help when needed! We hope you have a safe and blessed September.**





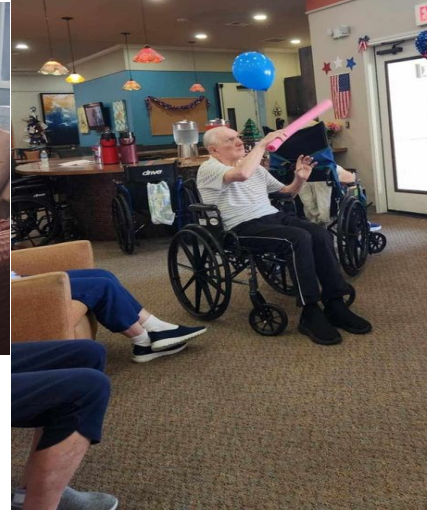
# EVERGREEN

A great time was had at our Christmas in July party. We made cookies and decorated them how we wanted. We also had a Luau to celebrate National Hawaii day, with a refreshing Pina Colada! We here in Evergreen, try to stay as active as possible. A way we do that is with a game of balloon bash. We never get tired of that activity. If you ever need a singing duo, Camille & Pat are your folks! Lol, we enjoy singing together and creating new memories. Our favorite part of August, was a visit from one of our care friends with her niece, they loved it. Her and Jane were singing Itsy Bitsy Spider, and she got the biggest smile. Children give our residents the need for companionship and a desire to nurture, also, a connection to past memories.

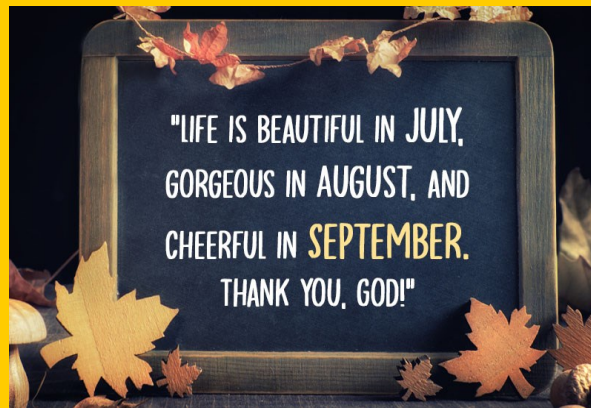




# *Life in Motion*













**Arbor House Assisted Living, specializes in Alzheimer's and Memory Care. Our community has been designed based on the most current and relevant studies dedicated to creating environments that promote independence and dignity for those managing dementia causing diseases like Alzheimer's.**

### **Studies suggest**

Research has shown that the health benefits of laughter are far-ranging. Studies so far have shown that laughter can help **relieve pain, bring greater happiness, and even increase immunity.** Positive psychology names the propensity for laughter and sense of humor as one of the 24 main signature strengths one can possess.

### **Arbor Houses Design Response**

**Our community is comprised of two houses, each which offer 8 bedrooms, 2 living areas, dining room, and courtyard.**

**We use red dinnerware, which studies tell us, helps people experiencing visual processing problems, navigate their plate better.**

**We practice "social dining", a technique in which the care team dines with our residents to promote conversation and provide socially appropriate cueing and assistance.**

**Our engagement program boosts a minimum of 10 programs a day, which offers a consistent routine to increase independence and are designed to touch 8 key areas of interest, engagements, and vocation.**

**Our 1:6 staffing ratio and designated care team per house allow for strong relationships to grow. This ratio does not include administration staff.**



**Arbor House of Marble Falls**  
**1801 King Rd**  
**Marble Falls, Tx 78654**  
**Main: 830-613-3260**  
**Fax: 830-613-3263**  
**Www.arborhouseliving.com**  
**License # 105513**



@ Arbor House Assisted Living

