







Wk 1	Fredericksburg Arbor House 09/01-09/07						
	<b>Sunday, 09/01</b>	<b>Monday, 09/02</b>	<b>Tuesday, 09/03</b>	<b>Wednesday, 09/04</b>	<b>Thursday, 09/05</b>	<b>Friday, 09/06</b>	<b>Saturday, 09/07</b>
	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine
	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast
	8:30am Church	8:30am Devotion	8:30am Devotion/Bible	8:30am Devotion/Bible	8:30am Devotion/Bible	8:30am Devotion/Bible	8:30am Devotion/Bible
	9:00am Exercise	9:00am Exercise	9:00am Sit & Be Fit/Ballball	9:00am Exercise	9:00am Arts & Crafts	9:00am Exercise/ballplay	9:00am Exercise
	9:30am Gospal Music	9:30am Music Therapy	9:30am Poetry Corner	9:30am Music Therapy	9:30am Arranging Flowers	9:30am Finish the Sentence	9:30am Noodle Golf
	10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks
	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up
	11:30am Lunch	11:30am Lunch	11:30am Lunch	11:30am Lunch	11:30am Lunch	11:30am Lunch	11:30am Lunch
	12:30pm Freshen up/ Rest	12:30pm Freshen up/ Rest	12:30pm Freshen up/ Rest	12:30pm Freshen up/ Rest	12:30pm Freshen up/ Rest	12:30pm Freshen up/ Rest	12:30pm Freshen up/ Rest
	2:30pm Movietime	2:30pm Music Therapy	2:30pm Musictime	2:30pm Music Therapy	2:30pm Music Therapy	2:30pm Music Therapy	2:30pm Music Therapy
	3:00pm Movie W/ popcorn	3:00pm Workshop/Sensory	3:00pm Parachute Fun	3:00pm Craft Corner	3:00pm Stretch & Flex	3:00pm Bingo	3:00pm Nails & Tales
	3:30pm Movietime	3:30pm Table Games	3:30pm Beachball Fun	3:30pm Making Collages	3:30pm Badmitton Soccor	3:30pm Table Games	3:30pm Nails & Tales
	4:00pm Freshenup	4:00pm Freshenup	4:00pm Freshenup	4:00pm Freshenup	4:00pm Freshenup	4:00pm Freshenup	4:00pm Freshenup
	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner
	5:30pm Remininsce	5:30pm Remininsce	5:30pm Remininsce	5:30pm Remininsce	5:30pm Remininsce	5:30pm Remininsce	5:30pm Remininsce
	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie
	7:00pm Snacks	7:00pm Snacks	7:00pm Snacks	7:00pm Snacks	7:00pm Snacks	7:00pm Snacks	7:00pm Snacks
	Events and Times are	Subject to Change		Beauty Shop			License # 106964