






Wk 4	Fredericksburg House 09/22-09/28	Arbor		BINGO <table border="1"> <tr><td>1</td><td>27</td><td>33</td><td>48</td><td>75</td></tr> <tr><td>8</td><td>19</td><td>45</td><td>56</td><td>61</td></tr> <tr><td>3</td><td>18</td><td>FREE SPACE</td><td>49</td><td>69</td></tr> <tr><td>15</td><td>26</td><td>41</td><td>53</td><td>66</td></tr> <tr><td>2</td><td>21</td><td>37</td><td>46</td><td>65</td></tr> </table>	1	27	33	48	75	8	19	45	56	61	3	18	FREE SPACE	49	69	15	26	41	53	66	2	21	37	46	65				
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8	19	45	56	61																													
3	18	FREE SPACE	49	69																													
15	26	41	53	66																													
2	21	37	46	65																													
Sunday, 09/22	Monday, 00/23	Tuesday, 09/24	Wednesday, 09/25	Thursday, 09/26	Friday, 09/27	Saturday, 09/28																											
	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine																									
	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast																									
	8:30am Daily Devotions	8:30am Daily Devotions	8:30am Devotion/Bible	8:30am Devotion/Bible	8:30am Devotion/Bible	8:30am Devotion/Bible	8:30am Devotion/Bible	8:30am Devotion/Bible																									
	9:00am Exercise/Music	9:00am Exercise/Music	9:00am Chair yoga/Music	9:00am Exercise/Music	9:00am Handprint Art	9:00am Exercise/Music	9:00am Chair yoga/Music	9:00am Chair yoga/Music																									
	9:30am Gospal Music	9:30am Music w/Lindamoo	9:30am Poetry/discussion	9:30am Music Therapy	9:30am Storytelling	9:30am Book Club	9:30am Singalong	9:30am Singalong																									
	10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks																									
	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up																									
	11:30am Lunch	11:30am Lunch	11:30am Lunch	11:30am Lunch	11:30am Lunch	11:30am Lunch	11:30am Lunch	11:30am Lunch																									
	12:30pm Freshen up/Rest	12:30pm Freshen up/Rest	12:30pm Freshen up/Rest	12:30pm Freshen up/Rest	12:30pm Freshen up/Rest	12:30pm Freshen up/Rest	12:30pm Freshen up/Rest	12:30pm Freshen up/Rest																									
	2:30pm Movietime	2:30pm Guess what?	2:30pm One-One visits	2:30pm Walkabout	2:30pm Music Therapy	2:30pm Walkabout	2:30pm Hand Massage	2:30pm Hand Massage																									
	3:00pm Movie w/popcorn	3:00pm Workshop/Sense	3:00pm Singalong w/Judy	3:00pm Memory Games	3:00pm Beachball Trivia	3:00pm Bingo	3:00pm Manicures	3:00pm Manicures																									
	3:30pm Movietime	3:30pm Table games	3:30pm Music Therapy	3:30pm Good Ole Days talk	3:30pm Remember When?	3:30pm Table Games	3:30pm Aromatherapy	3:30pm Aromatherapy																									
	4:00pm Freshen up/walk	4:00pm Freshen up/walk	4:00pm Freshen up/walk	4:00pm Freshen up/walk	4:00pm Freshen up/walk	4:00pm Freshen up/walk	4:00pm Freshen up/walk	4:00pm Freshen up/walk																									
	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner																									
	5:30pm Reminisce	5:30pm Reminisce	5:30pm Reminisce	5:30pm Reminisce	5:30pm Reminisce	5:30pm Reminisce	5:30pm Reminisce	5:30pm Reminisce																									
	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie																									
	7:00pm Snacks	7:00pm Snacks	7:00pm Snacks	7:00pm Snacks	7:00pm Snacks	7:00pm Snacks	7:00pm Snacks	7:00pm Snacks																									
	Events and Times	Subject to Change		Beauty Shop		License # 106964																											