



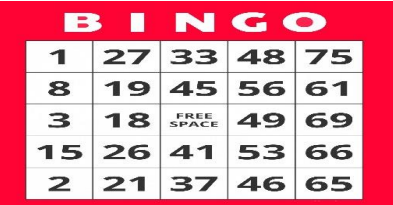



Wk 3	Fredericksburg House Arbor 09/15-09/21							
		Sunday, 09/15	Monday, 09/16	Tuesday, 09/17	Wednesday, 09/18	Thursday, 09/19	Friday, 09/20	Saturday, 09/21
		7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine
		7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast
		8:30am Daily Devotion	8:30am Daily Devotion	8:30am Daily Devotion	8:30am Daily Devotion	8:30am Daily Devotion	8:30am Daily Devotion	8:30am Daily Devotion
		9:00am Exercise w/ music	9:00am Exercise w/ music	9:00am Chair Yoga w/ music	9:00am Exercise w/ music	9:00am Patio Fitness	9:00am Exercise w/ music	9:00am Chair Yoga w/ music
		9:30am Gospel Music	9:30am Music Therapy	9:30am Poetry/Stories	9:30am Bookclub	9:30am Poetry/Stories	9:30am Bookclub	9:30am Poetry/Stories
		10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks
		11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up
		11:30am Lunch	11:30am Lunch	11:30am Lunch	11:30am Lunch/Birthday	11:30am Lunch	11:30am Lunch	11:30am Lunch
		12:30pm Freshen up/Rest	12:30pm Freshen up/Rest	12:30pm Freshen up/Rest	12:30pm Freshen up/Rest	12:30pm Freshen up/Rest	12:30pm Freshen up/Rest	12:30pm Freshen up/Rest
		2:30pm Movietime	2:30pm Guess who?	2:30pm Hand massage	2:30pm One-one visits	2:30pm Music Therapy	2:30pm Music Therapy	2:30pm Hand massage
		3:00pm Movie/popcorn	3:00pm Workshop/Sensory	3:00pm Parachute fun	3:00pm Beanbag Hopscotch	3:00pm Watercolor Art	3:00pm Bingo	3:00pm Nails & Tales
		3:30pm Movietime	3:30pm Games	3:30pm Beachball Fun	3:30pm Games	3:30pm Art Impressions	3:30pm Table Games	3:30pm Nails & Tales
		4:00pm Freshenup	4:00pm Freshenup	4:00pm Freshenup	4:00pm Freshenup	4:00pm Freshenup	4:00pm Freshenup	4:00pm Freshenup
		4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner
		5:30pm Reminisce	5:30pm Reminisce	5:30pm Reminisce	5:30pm Reminisce	5:30pm Reminisce	5:30pm Reminisce	5:30pm Reminisce
		6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie
		7:0pm Snacks	7:0pm Snacks	7:0pm Snacks	7:0pm Snacks	7:0pm Snacks	7:0pm Snacks	7:0pm Snacks
		Events and Tmes	Subject to Change		Beauty Shop		License # 106964	