

Wk 2	Fredericksburg Arbor House 09/08-09/14						
	Sunday, 09/08	Monday, 09/09	Tuesday, 09/10	Wednesday, 09/11	Thursday, 09/12	Friday, 09/13	Saturday, 09/14
	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine	7:00am Rise and Shine
	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast	7:30am Breakfast
	8:30am Daily Devotions	8:30am Daily Devotions	8:30am Devotions/Bible	8:30am Devotions/Bible	8:30am Devotions/Bible	8:30am Devotions/Bible	8:30am Devotions/Bible
	9:00am Exercise/Games	9:00am Exercise/Games	9:00am Chair Fitness	9:00am Exercise/Games	9:00am Gentle Stretching	9:00am Sponge Art	9:00am Exercise/Games
	9:30am Music Therapy	9:30am Music Therapy	9:30am Beachball Soccer	9:30am Music Therapy	9:30am Poetry/ Jokes	9:30am Music Therapy	9:30am Story/Music
	10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks	10:00am Snacks
	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up	11:00am Freshen up
	11:30am Lunch	11:30am Lunch	11:30am Lunch	11:30am Lunch	11:30am Lunch	11:30am Lunch	11:30am Lunch
	12:30pm Freshen up/Rest	12:30pm Freshen up/Rest	12:30pm Freshen up/Rest	12:30pm Freshen up/Rest	12:30pm Freshen up	12:30pm Freshen up/Rest	12:30pm Freshen up/Rest
	2:30pm Movietime	2:30pm Guess who?	2:30pm One-One visits	2:30pm Storytime	1:00pm Jim Turner	2:30pm Music Therapy	2:30pm Storytime
	3:00pm Movie w/ popcorn	3:00pm Workshop/Sense	3:00pm Bingo	3:00pm Beanbag toss	2:00pm Music/ Rest	3:00pm Balloon/Noodle	3:00pm Nails & Tales
	3:30pm Movietime	3:30pm Table games	3:30pm Games	3:30pm Badminton	3:30pm Color Pages	3:30pm Beachball fun	3:30pm Nails & Tales
	4:00pm Freshenup/ Walk	4:00pm Freshenup/ Walk	4:00pm Freshenup/ Walk	4:00pm Freshenup/ Walk	4:00pm Freshenup/ Walk	4:00pm Freshenup/ Walk	4:00pm Freshenup/ Walk
	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner	4:30pm Dinner
	5:30pm Reminisce	5:30pm Reminisce	5:30pm Reminisce	5:30pm Reminisce	5:30pm Reminisce	5:30pm Reminisce	5:30pm Reminisce
	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie	6:30pm Night Movie
	7:00pm Snacks	7:00pm Snacks	7:00pm Snacks	7:00pm Snacks	7:00pm Snacks	7:00pm Snacks	7:00pm Snacks
		Events and Times	Subject to Change	Beauty Shop		License # 106964	