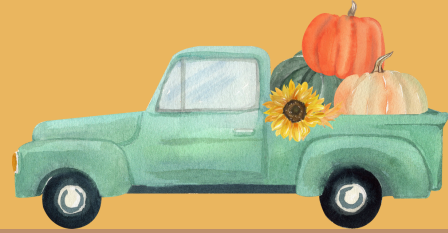




Arbor House Assisted Living

Waco, Texas

September 2024



Your Arbor House Leadership Team

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Maintenance

Arbor House of Waco

2418 Marketplace Drive

Waco, Texas 76711

Main:

254-294-8672

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www.arborhouselivin.com

License #106574

A Note from our Director of Nursing

The 2024 flu season is quickly approaching. The flu can pose a significant risk to the elderly, whose immune systems may not respond as robustly as those younger individuals. For older adults, the flu can lead to severe complications such as pneumonia, bronchitis, and exacerbations of chronic conditions like heart disease or diabetes. The body's diminished ability to fight off infections and repair itself makes the flu particularly dangerous for this age group. Consequently, it is crucial for seniors to receive an annual flu vaccine, which is designed to protect against the most common strains of the virus and reduce the likelihood of severe illness.

The Arbor House flu clinic will be held on September 12th, the time is TBD. A consent will need to be completed prior to the clinic. Consent forms will be located at the front desk.



Veteran's One Stop Luncheon!



BILL E.



LOUIS L.



THOMAS R. & SAM !



**Thank you to all of our veterans for your
bravery, dedication, and service. We are
forever grateful for the sacrifices you've
made to protect our freedom.**





Leveta S. & Mary B. with Myrna!

Myrna's 95th Birthday Bash!



Myrna W. with friends!



Lucille S. & Myrna W.



Thank you for letting us celebrate with you! We hope you had a wonderful day!
HAPPY BIRTHDAY!



Oveta K. & Myrna W.

Special Activities & Upcoming Outings:

9/9 Cold Stone Creamery
9/12 Lunch Bunch La Fiesta
9/12 Flu Clinic
9/27 September Birthday Bash



September Birthdays:

9/5 Lucille Stone
9/16 Daniel Jacinto
9/19 Leveta Sims
9/25 Jocelyn Hansen





At Arbor House Assisted Living Waco, our personalized services are designed for those who desire the finer things in life. Since we believe life improves with age, we have created special services and carefree environment that promotes independence and dignity without all of the concerns associated with maintaining a home. The array of fine services we offer reflect our goal of enhancing quality of life for our residents. Most importantly, our services are delivered with respect and sensitivity. We understand that individual needs vary, so our personalized services are tailored to meet the

specific needs of each resident. Whether it be a hobby, exercise, or leisure, we offer our residents the opportunity to pursue individual desires. Arbor House offers a choice of private suites designed to meet diverse needs and tastes. Our spacious and inviting accommodations await and welcome the personal touches and cherished collectibles that truly make a house a home. Our residents enjoy the outdoors in our beautifully appointed courtyards. All the best in life in the company of good friends, the indulgence of gracious amenities, and the security of caring, personalized services await you at Arbor House. We invite you to become a part of our special residence dedicated to providing you with the best in life.



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