



Meet Your Arbor House Team

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Arbor House of Marble Falls

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www.arborhouseliving.com

License # 105513

Arbor House

Marble Falls TX

February 2024

What's Happening...

February is Love Month, and we have some exciting things coming up

We are planning a Leap Year scavenger Hunt , Baking goodies and Crafts Projects as well as Trivia and fun facts .

Love One Another as well as Yourself!

To love and be loved is to feel the sun from both side.



Friends in Motion



*Maya Koch (Golden retriever)
came to Arbor House for a few
days and received and gave so
much love to our Community.*

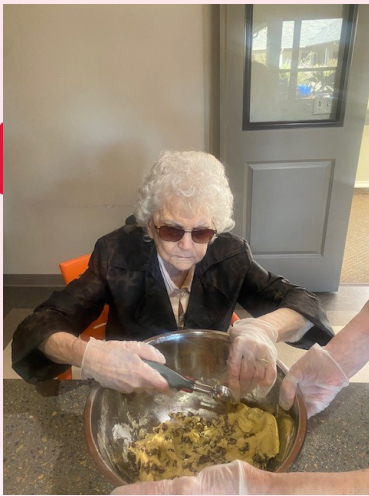


Our Christmas Light Tour each year is always something everyone looks forward too. The residents enjoy viewing the beautiful lights of Johnson City while sipping on some hot cocoa.



Christmas Light Tour

Life in Motion



Jackie and Shirley enjoy baking cookies for everyone before Bingo



Karen never disappoints with her Exercise your Brain class. Learning about winter and talking about the trials they went through as kids.

Under the Shade Tree

Special Thanks To

First Baptist Church of Marble Falls

Audra with Comforts of Home

Angela with Choice Home Health

Cindy with Encompass Home Health

Scott Payne—Entertainment

Jane Corley-Volunteering

Lane Norcross-Volunteering

Karen Sutera-Volunteering

All of our Care Friends



Marty 2/24

Special Days to Celebrate

Ground Hog Day

2/2

Valentines Day

2/14

Presidents Day

2/19

Leap Year

2/29

**We're on
Facebook !!**

@arborhousemarblefalls

We're expanding our social media presence and invite everyone to visit & like us there! Stay tuned as we add more posts to share with our Arbor House family & friends.

Arbor House Assisted Living, provides a beautiful home for you in a friendly, secure and supportive environment. Your privacy, dignity, and independence will be respected and promoted by a warm and caring staff. Your sunlit home includes a flowering courtyard, movie theater, and coffee shop where neighbors share friendships and good times.

Residents enjoy the comfort of being catered to with services such as three delicious meals each day served restaurant style, weekly laundry and housekeeping, planned group activities, and assistance as needed with personal care such as bathing, dressing, grooming and walking.

Arbor House also has a dedicated community for residents with memory care needs. Our Evergreen community has been designed based on the most common and relevant studies and is dedicated to creating an environment that promotes independence and dignity for those managing dementia-causing diseases such as Alzheimer's. For example, we use orange dinning ware, which studies tells us improves appetite. In addition, a persons ability to visually process the food on the plate can be affected by the journey of the disease, and this contrast can make eating easier and reduce mealtime stress.

For people managing dementia a structured and purpose-filled day reduces stress and "sun downing". Our engagement program "Life in Motion", offers a consistent routine to increase independence and to provide our residents joy, purpose, and connection.

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