

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>ARBOR GARDENS FEBRUARY 2024 ACTIVITY CALENDAR</p>	<p><i>Happy</i> VALENTINE'S DAY</p>		<p>IMPORTANT DATES:</p> <p>NATIONAL HEART HEALTH WEEK FEB. 11TH—17TH!</p> <p>NATIONAL CAREGIVERS DAY: FEB. 16TH!</p> <p>FEBRUARY BIRTHDAY BASH: 2/29!</p>	<p>1</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 WORSHIP HYMNS SING-A-LONG! 9:30 Bodies in Motion 10:00 VALENTINES DAY CRAFTING! 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 2:30 HAPPY HOUR! 4:00 Helping Hands 4:30 Dinner 5:30 ADULT COLORING GROUP 6:30 Cleaning Time 7:00 CROSS WORDS & SNACKS!</p>	<p>2</p> <p>17:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Ball Toss 10:00 KARAOKE TIME W/ CHAPLAIN GEORGA! (ENHABIT HOSPICE) 10:30 CHAIR STRETCHES! 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 Movie Matinee 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:00 CHAT PACK! 6:00 Cleaning Time 7:00 Snack</p>	<p>3</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 DAILY DEVOTIONS W/ PATTY! 9:30 Bodies in Motion 10:00 HOT TOPICS! 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Nap Time 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:30 TABLE TOP GAMING! 6:30 Cleaning Time 7:00 Snack</p>
<p>4</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 LEFT RIGHT CENTER GAME! 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Quiet Moments 2:30 Bingo 3:30 Pretty Nails 4:30 Dinner 5:30 WORD CROSS CLUB! 6:30 Cleaning Time 7:00 Snack</p>	<p>5</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Mornings Hymns 9:30 Chair Exercises 10:00 WELLNESS VISITS & HEALTHY SNACK! 10:30 DAILY DEVOTIONS 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Matinee Movie 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:30 PUZZLE CLUB! 6:30 Cleaning Time 7:00 Snack</p>	<p>6</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Bodies in Motion 10:00 MORNING TEA TIME & TOPICS! 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Nap Time 2:30 Bingo 3:30 SPA HOUR: PEDICURES! 4:30 Dinner 7:00 Cleaning Time 7:30 Snack</p>	<p>7</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Daily Scriptures 9:30 Daily Exercises 10:00 DAILY DEVOTIONS W/ CHAPLAIN RICK (ALAMO HOSPICE) 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 MOVIE TIME 2:30 Bingo 3:00 Pretty Nails 4:00 Helping Hands 4:30 Dinner 5:30 DOMINO CLUB! 6:30 Cleaning Time 7:00 Snack Time</p>	<p>8</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 WORSHIP HYMNS SING-A-LONG! 9:30 Bodies in Motion 10:00 VALENTINES DAY CRAFTING! 11:00 Helping Hands 11:30 Lunch 2:30 HAPPY HOUR! 4:00 Helping Hands 4:30 Dinner 5:30 ADULT COLORING GROUP 6:30 Cleaning Time 7:00 CROSS WORDS & SNACKS!</p>	<p>9</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Ball Toss 10:00 MOVIE AT THE THEATER! 10:30 Chair Stretches 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 Movie Matinee 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:00 BIRD WATCHING CLUB! 6:00 Cleaning Time 7:00 Snack</p>	<p>10</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 DAILY DEVOTIONS 9:30 Bodies in Motion 10:00 REMINISCING & CURRENT EVENTS 11:00 Helping Hands 11:30 HELPING HANDS 1:00-2:00 MOVIE TIME 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:30 TABLE TOP GAMING! 6:30 Snack 7:00 Snack</p>
<p>11</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 SUNDAY SOCIAL W/ PATTY! 11:00 NATIONAL HEART HEALTH WEEK FACTS! 11:30 Lunch 1:00– 2:00 MOVIE TIME 2:30 Bingo 3:30 Pretty nails 4:30 Dinner 5:30 WORD CROSS CLUB! 6:30 Cleaning Time 7:00 Snack</p>	<p>12</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Chair Exercises 10:00 WELLNESS VISITS & HEALTHY SNACK! 10:30 DAILY DEVOTIONS 11:00 NATIONAL HEART HEALTH WEEK FACTS! 11:30 Lunch 1:00– 2:00 Matinee Movie 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:30 PUZZLE CLUB! 6:30 Cleaning Time 7:00 Snack</p>	<p>13</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Bodies in Motion 10:00 MORNING TEA TIME & TOPICS! 11:00 NATIONAL HEART HEALTH WEEK FACTS! 11:30 Lunch 1:00– 2:00 Nap Time 2:30 Bingo 3:30 SPA HOUR: MANICURES! 4:30 Dinner 6:00 THE GOOD NEWS STORY TIME 6:30 Cleaning Time 7:00 Snack</p>	<p>14</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Daily Scriptures 9:30 Daily Exercises 10:00 DAILY DEVOTIONS W/ CHAPLAIN RICK (ALAMO HOSPICE) 11:00 NATIONAL HEART HEALTH WEEK FACTS! 11:30 Lunch 1:00– 2:00 Quiet Time 2:30 Bingo 3:00 Pretty Nails 4:00 Helping Hands 4:30 Dinner 5:30 DOMINO CLUB! 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>15</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 WORSHIP HYMNS SING-A-LONG! 10:00 TRIVIA! 11:00 NATIONAL HEART HEALTH WEEK FACTS! 11:30 Lunch 1:00– 2:00 HAPPY HOUR! 4:00 Helping Hands 5:30 ADULT COLORING GROUP! 6:30 Snack 7:00 CROSS WORDS & SNACKS!</p>	<p>16</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Chair Stretches 10:00 DAILY DEVOTIONS W/ GEORGA! 11:00 NATIONAL HEART HEALTH WEEK FACTS! 12:00 Lunch 1:00-2:00 Nap Time 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:00 BIRD WATCHING CLUB! 6:00 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>17</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 DAILY DEVOTIONS W/ PATTY! 9:30 Bodies in Motion 10:00 REMINISCING & CURRENT EVENTS 11:00 NATIONAL HEART HEALTH WEEK FACTS! 11:30 Lunch 1:00– 2:00 Nap Time 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:30 TABLE TOP GAMING! 6:30 Cleaning Time 7:00 Snack</p>
<p>18</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 SUNDAY SOCIAL W/ PATTY! 10:30 Refreshments 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 MOVIE TIME! 2:30 Bingo 3:30 Pretty Nails 4:30 Dinner 5:30 WORD CROSS CLUB! 6:30 Cleaning Time 7:00 Snack</p>	<p>19</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Chair Exercises 10:00 WELLNESS VISITS & HEALTHY SNACK! 10:30 DAILY DEVOTIONS 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Matinee Movie 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:30 PUZZLE CLUB! 6:30 Cleaning Time 7:00 Snack</p>	<p>20</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Bodies in Motion 10:00 MORNING TEA TIME & TOPICS! 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Nap Time 2:30 Bingo 3:30 SPA HOUR: MANICURES! 4:30 Dinner 6:00 THE GOOD NEWS STORY TIME! 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>21</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Daily Scriptures 9:30 Daily Exercises 10:00 DAILY DEVOTION W/ CHAPLAIN RICK (ALAMO HOSPICE) 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 HALLMARK MOVIE TV! 2:30 BINGO 3:00 Pretty Nails 4:00 Helping Hands 4:30 Dinner 5:30 DOMINO CLUB! 6:30 Cleaning Time 7:00 Snack</p>	<p>22</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Bodies In Motion 9:30 Morning Hymns 10:00 FACT OR FAKE? VALENTINES DAY EDITION! 11:30 Lunch 1:00– 2:00 Movie Matinee 2:30 JANUARY BIRTHDAY PARTY! 4:00 Helping Hands 4:30 Dinner 5:30 ADULT COLORING GROUP! 6:30 Cleaning Time 7:00 CROSS WORDS & SNACKS</p>	<p>23</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 MOVIE AT THE THEATER! 10:00 Chair Stretches 10:30 DAILY DEVOTIONS 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 Nap Time 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:00 BIRD WATCHING CLUB! 6:00 Cleaning Time</p>	<p>24</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 DAILY DEVOTIONS W/ PATTY! 9:30 Bodies in Motion 10:00 REMINISCING & CURRENT EVENTS 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Nap Time 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:30 TABLE TOP GAMING!</p>
<p>25</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 INDOOR WALKING CLUB! 10:30 SNACK & REFRESHMENTS! 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Quiet Moments 2:30 Bingo 3:30 Pretty Nails 4:30 Dinner 5:30 WORD CROSS CLUB! 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>26</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Chair Exercises 10:00 WORSHIP HYMNS! 10:30 INDOOR CHAT PACK 11:00 HELPING HANDS 11:30 LUNCH 1:00– 2:00 Movie Matinee 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:30 6:30 Cleaning Time 7:00 Snack</p>	<p>27</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Bodies in Motion 10:00 MORNING TEA TIME & TOPICS! 11:00 VALENTINES DAY BAKING CLUB! 11:30 Lunch 1:00– 2:00 Nap Time 2:30 SPA HOUR: MANICURES! 3:00 Nail Time 4:30 Dinner 6:00 THE GOOD NEWS STORY TIME 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>28</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Bodies in Motion 10:00 BAKING CLUB! 11:00 CROCHET CLUB! 11:30 Lunch 1:00– 2:00 Nap Time 2:30 BINGO & SNACKS! 3:00 Nail Time 4:30 Dinner 6:00 THE GOOD NEWS STORY TIME 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>29</p> <p>7:00 Getting Ready 8:00 Breakfast 9:00 Bodies In Motion 9:30 Morning Hymns 10:00 WORSHIP HYMNS SING-A-LONG! 11:30 Lunch 1:00– 2:00 Movie Matinee 2:30 JANUARY BIRTHDAY PARTY! 4:00 Helping Hands 4:30 Dinner 5:30 HAPPY HOUR! 6:30 Cleaning Time 7:00 CROSS WORDS & SNACKS</p>		