



Arbor House

Assisted Living, Memory Care & Independent Living

Marble Falls TX

January 2024

Meet Your Arbor House Team

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Arbor House of Marble Falls

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830.613.3260

www.arborhouseliving.com

License # 105513

What's Happening...

With 2024 , Already Here.....

HERE IS SOME

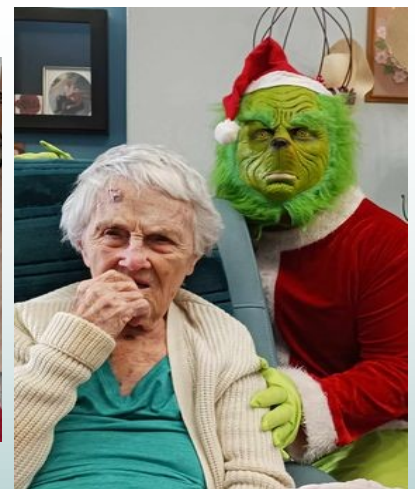
ADVICE FROM OUR REISDENTS GOING INTO
THE NEW YEAR.....

"You'll never get bored when you try something new.

There's really no limit to what you can do." -Dr. Seuss



Happy New Year from Evergreen! Here's to new beginnings! I don't think we are going to resolutions this year, as they said they never stick with them, hahaha. December was busy and a lot of fun! We had 2 very important visitors in Evergreen. Santa Claus and the Grinch! We were god boys and girls, so we received presents from Santa, and enjoyed him reading Twas the Night Before Christmas. He even shared his cookies with us!



Friends in Motion



Richard, Wanda, and Lou Lou making muffins for our morning snack. They were delicious. Good job guys! Having fun w/ Christmas crafts w/ Audra.

Life in Motion



***Jackie and Shirley are
baking everyone
some wonderful Pea-
nut Butter Cookies***

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***Shirley and Barbara
are making Christmas
Ornaments for the
Tree***



***Highlights from the
Christmas Hot Cocoa
and Pajamas Party***



Under the Shade Tree

Special Thanks To

Cindy with Encompass Home Health

Audra- Comforts from Home

Jane Corley .

Karen Sutera

and Lane Norcross—Volunteering

Scott Payne entertainment

All of our Care Friends



***Shirley working on
making our resident
Christmas Tree
Beautiful***

**We're on
Facebook !!**

@arborhousemarblefalls

We're expanding our social media presence and invite everyone to visit & like us there! Stay tuned as we add more posts to share with our Arbor House family & friends.

Let's Welcome Together
New Year
With a New Hope,
and a Blank Canvas to Be
Painted by Us.

Happy New Year

Arbor House Assisted Living, provides a beautiful home for you in a friendly, secure and supportive environment. Your privacy, dignity, and independence will be respected and promoted by a warm and caring staff. Your sunlit home includes a flowering courtyard, movie theater, and coffee shop where neighbors share friendships and good times.

Residents enjoy the comfort of being catered to with services such as three delicious meals each day served restaurant style, weekly laundry and housekeeping, planned group activities, and assistance as needed with personal care such as bathing, dressing, grooming and walking.

Arbor House also has a dedicated community for residents with memory care needs. Our Evergreen community has been designed based on the most common and relevant studies and is dedicated to creating an environment that promotes independence and dignity for those managing dementia-causing diseases such as Alzheimer's. For example, we use orange dinning ware, which studies tells us improves appetite. In addition, a persons ability to visually process the food on the plate can be affected by the journey of the disease, and this contrast can make eating easier and reduce mealtime stress.

For people managing dementia a structured and purpose-filled day reduces stress and "sun downing". Our engagement program "Life in Motion", offers a consistent routine to increase independence and to provide our residents joy, purpose, and connection.

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