


Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div>ARBOR GARDENS JANUARY 2024 ACTIVITY CALENDAR</div>	<div>HAPPY NEW YEAR!</div> 	<div>2</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Bodies in Motion 10:00 MORNING TEA TIME & TOPICS! 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Nap Time 2:30 Bingo 3:30 SPA HOUR: PEDICURES! 4:30 Dinner 7:00 Cleaning Time 7:30 Snack</div>	<div>3</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Daily Scriptures 9:30 Daily Exercises 10:00 DAILY DEVOTIONS W/ CHAPLAIN RICK (ALAMO HOSPICE) 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 MOVIE TIME 2:30 Bingo 3:00 Pretty Nails 4:00 Helping Hands 4:30 Dinner 5:30 DOMINO CLUB! 6:30 Cleaning Time 7:00 Snack Time</div>	<div>4</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 WORSHIP HYMNS SING-A-LONG! 9:30 Bodies in Motion 10:00 WINTER CRAFTING! 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 2:30 HAPPY HOUR! 4:00 Helping Hands 4:30 Dinner 5:30 ADULT COLORING GROUP 6:30 Cleaning Time 7:00 CROSS WORDS & SNACKS!</div>	<div>5</div> <div>17:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Ball Toss 10:00 KARAOKE TIME W/ CHAPLAIN GEORGA! (ENHABIT HOSPICE) 10:30 CHAIR STRETCHES! 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 Movie Matinee 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:00 CHAT PACK! 6:00 Cleaning Time 7:00 Snack</div>	<div>6</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 DAILY DEVOTIONS W/ PATTY! 9:30 Bodies in Motion 10:00 WINTER CRAFTING! 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Nap Time 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:30 TABLE TOP GAMING! 6:30 Cleaning Time 7:00 Snack</div>
<div>7</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 LEFT RIGHT CENTER GAME! 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Quiet Moments 2:30 Bingo 3:30 Pretty Nails 4:30 Dinner 5:30 WORD CROSS CLUB! 6:30 Cleaning Time 7:00 Snack</div>	<div>8</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Mornings Hymns 9:30 Chair Exercises 10:00 WELLNESS VISITS & HEALTHY SNACK! 10:30 DAILY DEVOTIONS 11:00 Helping Hands 11:30 ELVIS BIRTHDAY LUNCH BASH! 1:00– 2:00 Matinee Movie 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:30 PUZZLE CLUB! 6:30 Cleaning Time 7:00 Snack</div>	<div>9</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Bodies in Motion 10:00 MORNING TEA TIME & TOPICS! 11:00 NATIONAL LAW ENFORCEMENT DAY! (CARD MAKING FOR OFFICERS) 11:30 Lunch 1:00– 2:00 Nap Time 2:30 Bingo 3:30 SPA HOUR: PEDICURES! 4:30 Dinner 7:00 Cleaning Time 7:30 Snack</div>	<div>10</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Daily Scriptures 9:30 Daily Exercises 10:00 DAILY DEVOTIONS W/ CHAPLAIN RICK (ALAMO HOSPICE) 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 MOVIE TIME 2:30 Bingo 3:00 Pretty Nails 4:00 Helping Hands 4:30 Dinner 5:30 DOMINO CLUB! 6:30 Cleaning Time 7:00 Snack Time</div>	<div>11</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 WORSHIP HYMNS SING-A-LONG! 9:30 Bodies in Motion 10:00 CHRISTMAS CRAFT! 11:00 Helping Hands 11:30 Lunch 2:30 HAPPY HOUR! 4:00 Helping Hands 4:30 Dinner 5:30 ADULT COLORING GROUP 6:30 Cleaning Time 7:00 CROSS WORDS & SNACKS!</div>	<div>12</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Ball Toss 10:00 MOVIE AT THE THEATER! (WALT DISNEYS MIRACLE) 10:30 Chair Stretches 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 Movie Matinee 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:00 BIRD WATCHING CLUB! 6:00 Cleaning Time 7:00 Snack</div>	<div>13</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 DAILY DEVOTIONS 9:30 Bodies in Motion 10:00 REMINISCING & CURRENT EVENTS 11:00 Helping Hands 11:30 HELPING HANDS 1:00-2:00 MOVIE TIME 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:30 TABLE TOP GAMING! 6:30 Snack 7:00 Snack</div>
<div>14</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 SUNDAY SOCIAL W/ PATTY! 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 MOVIE TIME 2:30 Bingo 3:30 Pretty nails 4:30 Dinner 5:30 WORD CROSS CLUB! 6:30 Cleaning Time 7:00 Snack</div>	<div>15</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Chair Exercises 10:00 WELLNESS VISITS & HEALTHY SNACK! 10:30 DAILY DEVOTIONS 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Matinee Movie 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:30 PUZZLE CLUB! 6:30 Cleaning Time 7:00 Snack</div>	<div>16</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Bodies in Motion 10:00 MORNING TEA TIME & TOPICS! 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Nap Time 2:30 Bingo 3:30 SPA HOUR: MANICURES! 4:30 Dinner 6:00 THE GOOD NEWS STORY TIME 6:30 Cleaning Time 7:00 Snack</div>	<div>17</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Daily Scriptures 9:30 Daily Exercises 10:00 DAILY DEVOTIONS W/ CHAPLAIN RICK (ALAMO HOSPICE) 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Quiet Time 2:30 Bingo 3:00 Pretty Nails 4:00 Helping Hands 4:30 Dinner 5:30 DOMINO CLUB! 6:30 Cleaning Time 7:00 Quiet Moments/Snack</div>	<div>18</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 WORSHIP HYMNS SING-A-LONG! 10:00 TRIVIA! 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 HAPPY HOUR! 4:00 Helping Hands 5:30 ADULT COLORING GROUP! 6:30 Snack 7:00 CROSS WORDS & SNACKS!</div>	<div>19</div> <div>7:00 Getting Ready 8:00Breakfast 9:00 Morning Hymns 9:30 Chair Stretches 10:00 DAILY DEVOTIONS W/ GEORGA! 11:30 Helping Hands 12:00 Lunch 1:00-2:00 Nap Time 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:00 BIRD WATCHING CLUB! 6:00 Cleaning Time 7:00 Quiet Moments/Snack</div>	<div>20</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 DAILY DEVOTIONS W/ PATTY! 9:30 Bodies in Motion 10:00 REMINISCING & CURRENT EVENTS 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Nap Time 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:30 TABLE TOP GAMING! 6:30 Cleaning Time 7:00 Snack</div>
<div>21</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 SUNDAY SOCIAL W/ PATTY! 10:30 Refreshments 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 MOVIE TIME! 2:30 Bingo 3:30 Pretty Nails 4:30 Dinner 5:30 WORD CROSS CLUB! 6:30 Cleaning Time 7:00 Snack</div>	<div>22</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Chair Exercises 10:00 WELLNESS VISITS & HEALTHY SNACK! 10:30 DAILY DEVOTIONS 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Matinee Movie 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:30 PUZZLE CLUB! 6:30 Cleaning Time 7:00 Snack</div>	<div>23</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Bodies in Motion 10:00 MORNING TEA TIME & TOPICS! 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Nap Time 2:30 Bingo 3:30 SPA HOUR: MANICURES! 4:30 Dinner 6:00 THE GOOD NEWS STORY TIME! 6:30 Cleaning Time 7:00 Quiet Moments/Snack</div>	<div>24</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Daily Scriptures 9:30 Daily Exercises 10:00 DAILY DEVOTION W/ CHAPLAIN RICK (ALAMO HOSPICE) 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 HALLMARK MOVIE TV! 2:30 BINGO 3:00 Pretty Nails 4:00 Helping Hands 4:30 Dinner 5:30 DOMINO CLUB! 6:30 Cleaning Time 7:00 Snack</div>	<div>25</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Bodies In Motion 9:30 Morning Hymns 10:00 NATIONAL OPPOSITES DAY! (OPPOSITES ACTIVITY) 11:30 Lunch 1:00– 2:00 Movie Matinee 2:30 JANUARY BIRTHDAY PARTY! 4:00 Helping Hands 4:30 Dinner 5:30 ADULT COLORING GROUP! 6:30 Cleaning Time 7:00 CROSS WORDS & SNACKS</div>	<div>26</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 MOVIE AT THE THEATER! 10:00 Chair Stretches 10:30 DAILY DEVOTIONS 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 Nap Time 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:00 BIRD WATCHING CLUB! 6:00 Cleaning Time 7:00 Quiet Moments/Snack</div>	<div>27</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 DAILY DEVOTIONS W/ PATTY! 9:30 Bodies in Motion 10:00 REMINISCING & CURRENT EVENTS 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Nap Time 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:30 TABLE TOP GAMING! 6:30 Cleaning Time 7:00 Snack</div>
<div>28</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 INDOOR WALKING CLUB! 10:30 SNACK & REFRESHMENTS! 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Quiet Moments 2:30 Bingo 3:30 Pretty Nails 4:30 Dinner 5:30 WORD CROSS CLUB! 6:30 Cleaning Time 7:00 Quiet Moments/Snack</div>	<div>29</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Chair Exercises 10:00 WORSHIP HYMNS! 10:30 SENIOR WINTER OLYMPICS! 11:00 HELPING HANDS 11:30 LUNCH 1:00– 2:00 Movie Matinee 2:30 Bingo 3:30 Nail Time 4:30 Dinner 5:30 6:30 Cleaning Time 7:00 Snack</div>	<div>30</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Bodies in Motion 10:00 MORNING TEA TIME & TOPICS! 11:00 SENIOR WINTER OLYMPICS! 11:30 Lunch 1:00– 2:00 Nap Time 2:30 SPA HOUR: MANICURES! 3:00 Nail Time 4:30 Dinner 6:00 THE GOOD NEWS STORY TIME 6:30 Cleaning Time 7:00 Quiet Moments/Snack</div>	<div>31</div> <div>7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Bodies in Motion 10:00 BAKING CLUB! 11:00 SENIOR WINTER OLYMPICS! 11:30 Lunch 1:00– 2:00 Nap Time 2:30 BINGO & SNACKS! 3:00 Nail Time 4:30 Dinner 6:00 THE GOOD NEWS STORY TIME 6:30 Cleaning Time 7:00 Quiet Moments/Snack</div>	<div>  </div>		