



# **ARBOR HOUSE ASSISTED LIVING WACO, TEXAS NOVEMBER 2023**

## **Your Arbor House Leadership Team**

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As the vibrant colors of autumn slowly give way to the crisp embrace of winter, November arrives with a special warmth in our hearts. This month, we are encouraged to reflect on gratitude, to gather with loved ones, and to cherish the precious moments that bring us together. This month we will start Gratitude Journals. This will give our residents an opportunity to spend time together journaling about what they're thankful for each day. Even small joys, like a warm cup of tea or a friendly smile, can be celebrated. We are also starting something new! We have a Massage Therapist coming via appointment on location!

-30 Min Massage \$45

-1 Hr Massage \$65

-Facials \$45

*\*Buy 3 Massages for \$195 get 1 free!\**

Call or text Marina @ 254-229-4254 to set up an appointment.

**Just in time for the holidays! What a perfect gift for your loved one or a special way to treat a staff member!**

**JOIN US FOR SPIRIT WEEK!  
NOVEMBER 13TH - NOVEMBER 17TH!**

Monday 11/13: Crazy Socks Day!  
Tuesday 11/14: Pajama Day & Pizza Party!  
Wednesday 11/15: Alzheimers Awareness Day  
(Wear your purple!)  
Thursday 11/16: Football T-Shirt Day!  
Chips & Dips provided  
Friday 11/17: Twinsies Day & Chili Cook Off!

*A week full of fun! Residents & Staff both included! Please feel free to join the fun or just donate to the cause, please reach out to Chyenney to donate!*

# ARBOR GARDENS HAPPENINGS

## FALL FESTIVAL EXTRAVAGANZA



We're delighted to reminisce about the wonderful Fall Festival that took place in Arbor Gardens recently. It was a heartwarming event filled with cherished moments and the spirit of togetherness. Residents, families, and staff came together to celebrate the beauty of the season, and it was truly a day to remember.





# ARBOR GARDENS HAPPENINGS

## DAILY ACTIVITIES



Our nurse Wendy passing out candy to all who participated in our shot clinic!



I Love Lucy day was a hit!



Shirley decorating her pumpkin!



Our fearless leader Carrie taking pictures at the Pumpkin Patch!



Sarah making the choice to stay safe & get vaccinated!

In Arbor Gardens, we believe that every day holds the potential for a new memory, a heartwarming interaction, and a sense of purpose. Our dedicated staff is here to ensure that our residents experience the best quality of life possible, one day at a time. Together, we create a supportive and vibrant community where residents can thrive and families can find peace knowing their loved ones are well-cared for. Here is a recap of what our October included; from a trip to the pumpkin patch to I Love Lucy Day & a shot clinic to stay safe. There is always something going on in Arbor Gardens!



Don found a pal at the Pumpkin Patch!



The Arbor Gardens Golden Girls! Joy, Pat & Shirley



Roll those sleeves up Lee! Let's get vaccinated!



Quincy is a happy camper!



Oh Mara, you're so beautiful in your red lipstick!



Janie is always so brave!



Peggy is always happy to participate



Bobby earned his candy at our shot clinic!





At Arbor House Assisted Living Waco, our personalized services are designed for those who desire the finer things in life. Since we believe life improves with age, we have created special services and carefree environment that promotes independence and dignity without all of the concerns associated with maintaining a home. The array of fine services we offer reflect our goal of enhancing quality of life for our residents. Most importantly, our services are delivered with respect and sensitivity. We understand that individual needs vary, so our personalized services are tailored to meet the

specific needs of each resident. Whether it be a hobby, exercise, or leisure, we offer our residents the opportunity to pursue individual desires. Arbor House offers a choice of private suites designed to meet diverse needs and tastes. Our spacious and inviting accommodations await and welcome the personal touches and cherished collectibles that truly make a house a home. Our residents enjoy the outdoors in our beautifully appointed courtyards. All the best in life in the company of good friends, the indulgence of gracious amenities, and the security of caring, personalized services await you at Arbor House. We invite you to become a part of our special residence dedicated to providing you with the best in life.



If you would like to volunteer please feel free to reach out, we would love to have you!

Whatever your talent is, whether it be hosting a devotional, calling bingo, reading club, etc. Please call or text Chyenne @ 254-781-9448



*Giving New Meaning To Life*

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