



**Your Arbor House
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Certified Memory Care Community

Rockwall

August 2017

**A message from the Arbor Gardens
Community**

All of us from Arbor House and the Arbor Gardens Community want to give special thanks to everyone who came out and supported our cause for the Memories in the Making Art Show and Silent Auction. It was a great success! Everyone mingled with one another while viewing our residents' beautiful art work that was displayed and enjoying a wonderful sound by Rob Lowe. The smiles that were present were pleasantly contagious. The entire month of July was filled with joy, laughter and summer fun. It is nothing more special than being a part of a wonderful team of people who exhibit passion for creating these moments of joy for our residents... our friends. When they look into our eyes and tell us that we're the most wonderful thing ever, it's a feeling that cannot be replaced. It's knowing that we are accomplishing the mission we champion and pride ourselves on fulfilling. Everyday we look forward to what's to come.

In August, we will be celebrating Art Appreciation Month. Bringing the creative side out of every resident is on the agenda. Art is music, it is dance, it is words, it is creative. Our Care Friends are some of the most creative people ever so with their help, our residents will experience one colorful month!



Life in Motion



Dreams in Motion: Mr. Earl participating in Memories in the Making, painting a photo of Watermelon that allows him to drift back into his childhood years when he and his family would plant fruit and vegetables. -above

Dreams in Motion: Ms. Knittel is participating in Memories in the Making. She paints a photo that reminds her of her life as a child. Her thoughts and memories are inspired by a colorful photo of flowers.

-below



Dreams in Motion:

While participating in Memories in the Making, Judy begins to paint and open up windows of memories. She shares with us how, as a child, she would pick Pansies for them to make beautiful bouquets with and place them all around the house.

-left

About Memories in the Making....

Memories in the Making is one of the most innovative engagement programs available to people with Alzheimer's and Dementia. It is a program created and trained by the Alzheimer's Association that allows the individual to be inspired by a photo to spark a memory from somewhere deep within. Sometimes those memories that resurface are fun, happy memories and sometimes they are sad, emotional memories. However, for that moment in time this individual will feel the very emotion that was originally stored. What better way to get to know our friends than to hear their stories!

Life in Motion

Memories in the Making



Art Show and Silent Auction

Life in Motion



Friends in Motion: Sug celebrates her birthday with family. It was such a great gathering. Nothing better than seeing family together for such a joyous occasion. It's even better when you have friends to share the moment!



What's Happening in August?

**Wednesday August 2
Martha's Birthday Party
3:00p**

**Wednesday August 16
Brad Ackland Live
Performance
3:00p**

**Thursday August 24
Support Group Meeting
3:00p**



**Happy
Birthday!**

*Martha K.
August 2*



**ART
APPRECIATION**

Join Us

**Please join us Thursday,
August 24th at 3:00p for the
Alzheimer's and Dementia
Caregiver Support Group.
The Support Group meeting
is held every 4th Thursday of
the month and is open to the
Rockwall community and its
surrounding areas.**



**Support
GROUP**

Arbor House Assisted Living, specializing in Alzheimer's and Memory Care, has been designed based on the most current and relevant studies dedicated to creating environments that promote independence and dignity for those managing dementia causing diseases like Alzheimer's.



Studies Suggest

People with dementia perform with greater independence in less crowded environments.

People managing dementia often benefit from modeling.

For people managing dementia, a structured and purpose filled day reduces stress and "sundowning".

Familiar relationships reduce stress during caregiving.

Arbor House's Design Response

We are a private community that offers engagements in small groups for anyone at any level of dementia. This helps people to perform with a greater independence.

We practice "Social Dining", a technique in which the care team dines with our residents to promote conversation and provide socially appropriate cueing and assistance.

Our engagement program boasts a minimum of 10 programs a day, which offer a consistent routine to increase independence and are designed to touch on 8 key areas of interest, engagement & vocation.

Our 1 to 6.5 staffing ratio and designated care team per house allow for strong relationships to grow. This ratio does not include administrative staff.



Don't forget our Golden Neighbor Club!

Refer a friend and Save \$500.



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